Finalists’ brochure

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29 October 2014
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“Winning this award remains a source of great pride and I would recommend anyone to put in an application. It is a great thing to be able to include on my CV and it has definitely raised my profile in placement.

Ailsa Gaskill-Jones,
2014 Student Midwife of the Year winner

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If your name appears as a winner or finalist in this brochure, then huge congratulations to you from me and the rest of the Nursing Times team. This is a superb achievement. Not just because you are able to celebrate as an awards finalist or winner, not just because you may get a fancy trophy for your shelf – but more importantly than all of that – your achievement means you have been recognised as having a massive impact on patient and service user care, safety and experience.

The projects in this year's Awards are innovative, smart and compassionate. They prove that it takes brains to be a good nurse – but it also takes passion and a desire to want to bring about real sustainable change. If your name is in this brochure among the shortlistees, then you have accomplished that. And that is a huge thing to be proud of, so well done.

We received nearly 1,000 entries across 20 categories and so competition to be on these shortlists was fierce. If you're here, you can guarantee that you deserve it.

Being shortlisted is a huge endorsement of your success. Our judging process is both thorough and comprehensive. Our judges scrutinise every entry, consider the evidence base and take into account the outcomes documented by the entrants. They will make a judgement on the project's sustainability and spreadability, as well as its degree of influence. Only if they believe it ticks all these boxes will they give it an esteemed place in our final few. And then those shortlisted visit our offices to present their project and its impact to our panel, who then decide who should pick up the trophy here tonight.

My thanks, therefore, to our panel of judges who work tirelessly to find our shortlists and winners.

I'd also like to thank our sponsors, whose generosity enables us to bring this event to you in such wonderful style.

And a final thank you to all of you for entering and being a part of the biggest and best nursing awards in the UK. I hope you are all #proud2nurse. You should be.

Jenni Middleton
Editor, Nursing Times

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James Priest  020 3033 2923  james.priest@EMAP.com
Thank you to all our judges of the Nursing Times Award 2014 for their hard work and dedication in selecting our finalists and winners

Gail Adams, Unison
Hilary Atkinson, Berkshire Healthcare NHS Foundation Trust
Lesley Baillie, London Southbank University
Dame Christine Beasley DBE, The Burdett Trust for Nursing
Julie Bevan, Countywide Respiratory Team, Lincolnshire Community Health Services NHS Trust
Kerrie Bloodworth, Nursing Development Centre, Nottingham University Hospital
Peter Blyth, NHS Trust Development Authority
Sally Britain, East Surrey Hospital
Debbie Brown, NHS Lewisham Clinical Commissioning Group
Yinglen Butt, Guy's and St Thomas' NHS Trust
Ann Chivers, British Institute of Learning Disabilities
Jane Cummings, Chief Nursing Officer for England
Thomas Currid, London South Bank University
Alyson Davies, Swansea University
Cynthia Davis, Kingston University & St George's University of London
Ann Deehan, Department of Health
Sharon Eustice, Bladder and Bowel Specialist Service, Cornwall and Isles of Scilly PCT
Mary Flattley, St Joseph’s Hospice
Carole Fry, Department of Health
Jennifer Gardner, NHS Employers
Dawne Garrett, Royal College of Nursing
Tracey Gauci, Department for Health, Social Services and Children, Welsh Government
Nicola Gillin, Florence Nightingale School of Nursing and Midwifery
Celia Grandison-Markey, Patients Association
Jayne Gray, Addenbrooke’s Hospital
Mark Gray, National Network for Learning Disability Nurses
Caroline Gunnell, NIHR Clinical Research Network
Susan Hamer, NIHR Clinical Research Network
Nicky Hayes, King’s College Hospital NHS Foundation Trust
Matthew Hodson, Homerton University Hospital NHS Foundation Trust
Mary Hopper, Sutton CCG
Fergus Keegan, Kingston Hospital NHS Foundation Trust
Alison Kelly, Countess of Chester Hospital NHS Foundation Trust
Sarah Lafferty, West Hertfordshire Hospitals NHS Trust
Tracey Lambert, Unison
Helen Laverty, University of Nottingham/ Facilitator of the Positive Choices Network
Jill Maben, Florence Nightingale School of Nursing and Midwifery
Jo Majithia, Central and North West London NHS Foundation Trust
Elaine Maxwell, Trustee of Florence Nightingale Foundation and Visiting Fellow at London South Bank University
Charlotte McArdle, Chief Nursing Officer for Ireland
Maxine McVey, West Hertfordshire Hospitals NHS Trust
Ros Moore, Chief Nursing Officer for Scotland
Trish Morris-Thompson, Barchester Healthcare
Emma Munro, University Hospital Southampton NHS Foundation Trust
Joan Myers, Whittington Health
Linda Nazarko, Ealing Hospital NHS Trust
Wendy Ness, Croydon University Hospital
Wendy Nicholson, Department of Health
Anne O'Brien, NHS Professionals
Crystal Oldman, The Queen’s Nursing Institute
Sandra Olive, Norfolk and Norwich University Hospitals NHS Foundation Trust
Fiona O’Neill, NIHR Clinical Research Network
Ann O'Brien, Department of Health
Wendy Nicholson, Central and North West London NHS Foundation Trust

Ruth Oshikanlu, Nu Social Health Organisation
Christine Oxnard, NIHR Clinical Research Network
Tracy Paine, CLS/Belong
Jayne Parker, Surrey and Sussex Healthcare NHS Trust
Andrea Paterson, Nuffield Health
Karen Payne, NHS Leadership Academy
Anne Pearson, The Queen’s Nursing Institute
Candice Pellett, Lincolnshire Community Health Services
Samantha Prigmore, St George’s Healthcare and British Lung Foundation
Karen Proctor, Kent Community Health NHS Trust
Stephen Richards, Macmillan Cancer Support
Kay Riley, Barts Health NHS Trust
Liz Robb, The Florence Nightingale Foundation
Eileen Shepherd, Nursing Times
Rebecca Sherrington, Princess Elizabeth Hospital
Ann Shuttleworth, Nursing Times
Dee Sissons, Marie Curie Cancer Care
Jane Smith, South West Yorkshire Partnerships NHS Foundation Trust
Janice Stevens CBE, Health Education West Midlands
Julie Stor, Infection Prevention Society
Ben Thomas, Department of Health
Caroline Waterfield, NHS Employers
Jonathan Webster, CWHHE CCGs Commissioning Collaborative
Jean White, Chief Nursing Officer for Wales
Jude Williams, Homerton University Hospital NHS Foundation Trust
Lynn Woods, NHS Southern Derbyshire CCG
Suzette Woodward, Sign up to Safety
Jane Young, Central and North West London NHS Foundation Trust
Macmillan is proud to support the Nursing Times Awards – Cancer Nursing category. Award nominees have delivered exceptional work in cancer care, and we are honoured to recognise their success.

Macmillan wants to make sure no one has to face cancer alone but we can’t do it without amazing people like you. There are many ways you can help us improve the lives of people affected by cancer.

Find out more at macmillan.org.uk/patientsupport
Winner
Guy’s & St Thomas’ NHS FT

Early diagnosis of bowel cancer improves survival and quality of life. The traditional outpatient route at the GP referral end of the patient’s pathway is slow, involving multiple visits. After consultation with GPs and patients, Harriet Watson developed a Colorectal Telephone Assessment/Straight to Test pathway. This delivers a definitive diagnosis to the patient and GP quickly and efficiently. Through service redesign, waits for routine colorectal referrals reduced from 13 to three weeks, providing a superior service at lower cost. This is a major development in preventing late diagnosis of bowel cancer and roll-out has been supported by Professor Sir Mike Richards and now NHS England.

Finalists
Cancer Treatment Helpline Partner Group: NHS Ayrshire and Arran, NHS Lothian, NHS24, Scottish Government
The CTH gives patients a safe, high-quality and nationally consistent telephone triage service, based on the UKONS Oncology/Haematology 24-hour triage, rapid assessment and access toolkit. The Scottish Government reports it has met its aims; patient-centred, safe, effective and efficient, with implementation across Scotland by the end of 2014.

The Christie NHS FT
The Christie team has developed a project for second-year medical students to meet informally with patients who have a cancer diagnosis. Sessions are facilitated by experienced oncology nurses and patients describe their cancer journey to small groups of students. To date approximately 1,000 students have benefitted from this opportunity and discussions are underway to provide similar opportunities for student nurses.

The Newcastle upon Tyne Hospitals NHS FT
The Macmillan One-to-One Support Service, a two-year project funded by Macmillan Cancer Support, and partnered by local GP practices, aims to pilot new roles to ensure the growing numbers of people who live with and beyond a diagnosis of cancer are supported to live as well as possible following initial treatment. The team has tailored interventions to meet needs.

Nottingham University Hospitals NHS Trust
The readmissions avoidance team focuses on redesigning follow-up pathways for patients within oncology. The 12-month pilot project remit is to manage the 24-hour triage telephone helpline and monitoring of patients not admitted. The outcome from the service redesign is to prevent unnecessary admissions to the acute oncology wards by supporting and managing patients in the community via telephone symptom management.

The Royal Wolverhampton Hospitals NHS Trust
An assessment tool was developed to provide a clinical response in patients on abiraterone for metastatic prostate cancer. The response is difficult to measure otherwise. The assessment tool is now in routine use by consultants and nurses. Following a trial, the team is now working with colleagues at other centres to collect greater quantities of data.

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Presentation at national meetings enables sharing of this data.

University Hospital of South Manchester NHS FT
The team listens to patients, and helps them make sense of the impact of a cancer diagnosis on everyday living, and aims to improve quality of life. The project’s main focus is enabling people to regain a sense of control through tailored information and support, involving the wider team as required, for example counsellors, benefits/job advisors and recovery/community programmes.
The Royal College of Nursing proudly sponsors the *Nursing Times* Care of Older People Award 2014. Congratulations to the winner.

To find out more about the RCN and how we support nursing visit [www.rcn.org.uk](http://www.rcn.org.uk)
Care of Older People

Winner

Hampshire Hospitals NHS FT

The trust’s patient and staff feedback clearly tells us that patients and families are frequently disempowered by acute care provision, environments and attitudes. This debilitates individuals mentally and physically, reducing their independent functioning, which for elderly or vulnerable patients may mean prolonged rehabilitation, care and delayed discharge home. To address this, the trust developed the concept of Recovery Coaching. This innovative intervention allowed them to challenge the fundamental basis of “I do it for you” and replace it with “I will do it with you”, allowing its patients to become integral partners in their healthcare.

Finalists

Action on Hearing Loss
Evidence shows that the average age of hospital patients is over 80 and 90% of over 80-year-olds have some level of hearing loss. The use of communications equipment, screening devices to test patients for hearing loss, training staff on hearing aid maintenance and the use of storage boxes for hearing aids were piloted on an elderly care assessment unit at Heartlands Hospital, Heart of England NHS FT.

Berkshire Healthcare NHS FT
The Rapid Assessment Community Clinic provides assessment and treatment for individuals who do not require secondary care facilities. It aims to deliver rapid assessment and treatment for older people with complex health and social care needs in times of mild to moderate health deterioration in a community setting. It recognises and addresses the specific needs of older people and reduces demand for secondary care.

North Bristol NHS Trust
The aim was to improve the effectiveness of daily ward rounds to help older patients move through their hospital stay as safely and effectively as possible using a number of interventions (board rounds, IT daily handover sheets, structured ward round sheets, post-round huddles, discharge bundles). Evaluation shows increased discussions around ceilings of care, increased systematic falls assessments and regular DVT thromboprophylaxis.

Northumberland, Tyne & Wear NHS FT
Nurses were integral in developing the £10m, 24-bed assessment and treatment unit – the first NHS building in the country to achieve the prestigious Gold Design Award from Stirling University’s world-leading Dementia Services Development Centre. There has been a huge reduction in falls and incidents of aggression on the female ward; and an excellent RCPsych AIMs assessment.

Poole Hospital NHS FT
Rapid Access Consultant Evaluation has revolutionised the care of older people by building upon existing relations between health and social care and providing comprehensive geriatric assessment at the hospital front door. RACE has shortened hospital stays and enabled patients to return to their normal residence sooner. Consultant-delivered assessments combined with multi-disciplinary and multi-agency working, supported by a specialist nursing body.

University Hospital of South Manchester NHS FT
Care Companions supports and enhances the care delivered in the hospital for patients. UHSM provides this opportunity, recruiting and supporting sixth-form students who want to gain valuable experience prior to attending university. This work is different as it engages and unites generations. The skills of primary school children were also used to develop talking books.
THE WORK MAY BE TEMPORARY
BUT THE RIGHT ATTITUDES
ARE ENDURING...

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RELIABLE
COMMITTED
COOPERATIVE
EXTRA MILE
HONEST
GOOD LISTENER
INTEGRITY
EMPATHY
POLITE

BECOME PART OF THE TEAM
DELIVER THE BEST CARE POSSIBLE
BUILD GREAT RELATIONSHIPS
DEVELOP YOUR SKILLS

"Temporary workers are a vital part of our workforce and we value them as much as we do our permanent staff. We see teamwork as encompassing flexibility, reliability and a supportive attitude together with a commitment to providing excellent patient care."

Rachel Bellamy - University Hospital Southampton NHS Foundation Trust

Proud sponsors of the Rising Star Award
Rising Star

Winner

**Emma Selby, North East London NHS FT**

Emma Selby was nominated for this award by her patients because of her creative and compassionate manner when working with young people suffering from mental health problems. Emma, a CAMHS specialist nurse, has worked tirelessly to help young people live the life they want and to buck the traditional prejudices. She recently arranged free sexual health training for her colleagues before overseeing the successful implementation of a chlamydia testing and condom distribution service in her area.

Finalists

**Daniel Rowark, Adlington Manor Care Home, Barchester Healthcare**

Daniel spent a week at Adlington, as a shy 17-year-old, listening to the individuals who lived there, and soon realised they had lived varied and interesting lives. So he went on to train as a nurse and 12 years later he is making a career for himself there.

**Gary Mitchell, Four Seasons Health Care**

Gary recently took up the post of Dementia Care Advisor covering regions of Northern Ireland, Wales and the Isle of Man. He has led a number of initiatives based on person-centred practices that were underpinned by empirical evidence.

**Laura Hailes, Nottingham University Hospitals NHS Trust**

Laura had the opportunity to visit the US for three months to investigate shared governance. She has since implemented SG councils in three NUH wards so frontline staff can get their voice heard from bedside to the boardroom.

**Michelle Lewins, Gateshead Health NHS FT**

Michelle is a dynamic, patient-centred deputy ward sister working on a ward caring for patients with physical and mental health needs, ensuring the specialist needs of this group of patients are met.

**Nina Turner, Oxleas NHS FT**

Winner of the Respiratory Nursing category in the Nursing Times Awards 2013 and Oxleas Nurse of the year for patient safety and working partnership award, Nina ensures prisoners with chronic lung disease have access to screening, diagnosis and pulmonary rehabilitation.

**Sara Harritt, Hertfordshire Partnership University FT**

Sara devised Feeling Good events, including a Feeling good open evening, incorporating a talk by the Young People’s Council, a stall lead and managed by the young people on the unit, a buffet, quizzes and “what makes us feel good” ideas.

**Tara Webster, Norfolk and Norwich University Hospitals NHS FT**

Tara works as an acute liaison learning disabilities nurse supporting equitable and inclusive care for people with learning disabilities and autism by risk assessing and recommending adjustments for practice, tailoring it for individuals’ needs.

**Victoria Bryant, PJ Care**

Victoria left her job with a top criminal law firm in London and trained as a nurse at Kingston. She works with specialist neurological care provider PJ Care in its Brunel Unit at Mallard House. Victoria won PJ Care’s own internal Rising Star award in March this year.

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**Winner**

**Sandwell and West Birmingham Hospitals NHS Trust**

Space to Breathe is a six-week, hospice-based course, consisting of breathlessness management, CBT, exercise, relaxation and carer support. Designed to address the palliative care needs of people with advanced chronic obstructive pulmonary disease and their carers. It crosses organisational and professional boundaries: hospice, acute trust, voluntary sector and mental health.

**Finalists**

**Birmingham St Mary’s Hospice**

Space to Breathe is a six-week, hospice-based course, consisting of breathlessness management, CBT, exercise, relaxation and carer support. Designed to address the palliative care needs of people with advanced chronic obstructive pulmonary disease and their carers. It crosses organisational and professional boundaries: hospice, acute trust, voluntary sector and mental health.

**The Christie NHS FT**

Complementary Health & Wellbeing Services has provided 12,500 plus therapy sessions to patients and carers in the last 12 months. This has included helping patients through difficult medical procedures using hypnotherapy and rapid stress management techniques (for example needle phobia, claustrophobia). The acupuncture team has expanded its clinical/research work.

**Isle of Wight NHS Trust**

There are 40 children on the Isle of Wight with life-limiting/threatening conditions. Many island families felt it was too far, time-consuming and expensive to travel to Winchester, the nearest palliative care provision. By working in collaboration with adult services, the commissioning board and local charities, the trust offers a room within the adult hospice for terminal care for children.

**Kings Health Partners Pathway**

The team provides inpatient services across GSTT, Kings and SLAM, and integrates four voluntary sector organisations. The service partners with the nurse-led Health Inclusion Team that provides primary care outreach to homeless hostels and day centres. The partnerships ensure tri-morbidity and social circumstances are not a block to gold standard care.

**Pennine MSK Partnership**

The trust has turned the traditional model upside down by providing nurse-led care following diagnosis with clear pathways and shared decision-making to guide referral to the MDT including consultant rheumatologists. The partnership works closely with the local self-care project; smoking cessation services and NRAS support group and commission Arthritis Care’s Challenging Arthritis programme.

**The Royal Wolverhampton Hospitals NHS Trust**

The trust recognised that there was an increase in attendances and subsequent admissions from nursing homes across the city and explored ways in which to address this. HIT is a community initiative within the city of Wolverhampton. It supports care closer to home, partnership working and integrated approaches to care with clinicians, nursing home staff, patients and relatives.

**Sheffield Teaching Hospitals NHS FT**

Using a combined health and social care approach to supporting patients with complex comorbidities in the community, the Sheffield Integrated Care Virtual Ward overcame inter-agency, cross-professional boundaries by pooling knowledge and resources to optimise health and wellbeing to prevent patients reaching crisis point and admissions to long-term care. It is a blueprint for integrated care.
Winner
Central Manchester University Hospitals NHS FT

All patients are entitled to equal access to treatment and healthcare. Autism is a lifelong developmental disability that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them and occurs in at least 1% of children.

The multiprofessional teams at Royal Manchester Children’s Hospital have worked collaboratively to increase awareness, and to identify early, service users with autism. This has led to creating a person-centred assessment tool used routinely to reasonably adjust care pathways based on specific needs resulting in improved access and equality of care provision.

Finalists

Blackpool Teaching Hospitals NHS FT
The “Play Together, Learn Together” group improves services for children with developmental needs. Through this early identification and response to need there are more timely referrals and a reduction in future referrals to specialist services. It promotes social interaction for the child and parent, it is child-focused, modelling play activities and parenting skills.

East London NHS FT
Young People’s Choice and Partnership in Action is a co-designed service improvement, empowering young people to become active partners in recruiting staff. The team designed training, which the young people deliver to other young people, that enables them to sit on interview panels. A bank of young people can interview, as well as cascade training.

Leicestershire Partnership NHS Trust
The trust gave 100,000 pupils in Leicester, Leicestershire and Rutland access to the school nurse by sending a text message. It developed special software and guidance to ensure the service is clinically safe and data-secure. The project improved access, experience and outcomes for young people while allowing nurses to help more service users without increasing capacity.

Leeds Teaching Hospitals NHS Trust
The young people and professionals of the teenage and young adult cancer service in Leeds, worked with Medical Education to develop an app for them. The app has several functions: a contacts page, a place to store blood results, direct links to young people’s information about all aspects of cancer, maps of the hospital and FAQs.

Northumbria Healthcare NHS FT
A fundamental issue in identification and care of young people who self-harm was the driver for this project. One in 12 young people self-harm. Identifying a need to support Education staff, a multi-agency integrated approach was taken and included young people. The project developed and delivered training for education staff, resources and a guide for the management of self-harm.

Pennine Acute Hospitals NHS Trust
The one stop, “Tongue-tie service” was developed for north-west region mothers and babies to resolve breastfeeding challenges. 96% of mothers report an immediate difference in breastfeeding, which empowers them to continue. Data further identifies reduced bed occupancy and improved health outcomes.

Pennine, Doncaster and South Humber NHS FT
The Children and Young People’s Mental Health Services has developed and implemented a self-referral system as an additional point of entry to the service. Run on a “drop-in” clinic or telephone basis, self-referral is aimed primarily at the 14+ age group. The initiative has been positively evaluated.
Patients with neurological pathology following spinal cord injury will at some stage require management of their bowels with digital rectal removal of faeces (DRF). The trust’s focus was to change the prejudice attached to DRF. With courage and compassion, the team fought against outdated opinions to develop a holistic effective service led by the patient.

By creating this network of champions, staff nurses have access to support and education to further develop this pathway, recognising and acting upon patients’ needs from admission to discharge.

The team is committed to maintaining patient dignity in what can often be seen as a taboo subject.

Finalists

**Birmingham Women’s NHS FT**
This is a dedicated, multidisciplinary specialist service for the approximately 400 women a year sustaining obstetric anal sphincter trauma during childbirth. The OASIS service has continued to develop and now provides the first “one-stop” OASIS service in the West Midlands, offering complete care for women with a history of this type of trauma, both in the antenatal and postnatal period.

**Dartford and Gravesham NHS Trust**
Group clinic education sessions are run for parents/carers of children with constipation and soiling to empower families so they have the confidence to manage their child. Sessions include symptoms of constipation; overflow soiling; disimpaction and maintenance therapy; toileting, behavioural and schooling issues; how laxatives work and when to use them.

**ERIC (Education and Resources for Improving Childhood Continence)**
The ERIC Nurse Project, hosted by North Bristol NHS Trust, is the first of its kind. It improves education and awareness of childhood continence among parents and health professionals. This project is unique as it contacts parents of every child, not just those who present with problems, to promote healthy bladder and bowels.

**Lincolnshire Community Health Services NHS Trust**
A large proportion of patients were not receiving adequate, timely continence assessments, which resulted in a large number of avoidable moisture lesions and an overspend in the continence budget. Through education and work-based coaching, the trust improved wait times, product spend per patient and incidence of moisture lesions.

**The Newcastle upon Tyne Hospitals NHS FT**
The re-admission project’s objective was to implement best practice to reduce and prevent avoidable admissions of catheter associated urinary tract infections and urinary tract infections into secondary care from care homes. The project team worked collaboratively with health professionals across primary, secondary and community care.

**Scottish Spina Bifida Association**
The project aimed to provide initial face-to-face assessment, ongoing support and advice from a continence nurse using telehealth intervention to assist in achieving greater independence in this area. The project confirmed that young people felt more confident in discussing intimate issues with the health professional and encouraged self-management and a greater sense of wellbeing.
Clinical research nursing

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If you believe that nursing is about making a real difference to patients’ lives, then clinical research nursing can provide a stimulating and rewarding career pathway.

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The National Institute for Health Research supports thousands of clinical research nurses in the NHS - helping them to develop their skills and further their careers through research.

www.nihr.ac.uk/our-faculty/clinical-research-nurses.htm
Clinical Research Nursing

Winner

Lancashire Care NHS FT

Since 2009 collaborative working involving a dynamic group of nurses and doctors has led to the implementation of a growing clinical research service specifically for people with dementia across Lancashire. A joint nursing team comprising the National Institute for Health Research, North West, Dementias and Neurodegenerative Diseases Research Network and Lancashire Care NHS FT research nurses has facilitated the identification and implementation of new dementia studies (both pharmaceutical and non-pharmaceutical). New relationships with interested academic and industry partners have also been established.

Finalists

The Christie NHS FT

The trust developed a sustainable clinical research nursing structure in which growth could be managed to maximise patient recruitment into oncology clinical trials. Having the correct skill mix of clinical research nursing staff has improved quality of work, safety and education. The nurses are contributing to oncology research nursing nationally.

Guy’s & St Thomas’ NHS FT

The development of the research nurse workforce initiative has strongly embedded a commitment to high-quality patient-centred research care within the trust, and has directly benefitted patients by both significantly increasing access to clinical research studies and improving the patient experience within clinical research trials.

Liverpool Heart and Chest Hospital NHS FT

LHCH has worked hard over the last five years to demonstrate the crucial role of research nurses in the overall clinical research process. With this in mind, the trust developed an initiative for education and training of research nurses, to offer career progression and to develop them as leaders in research.

NIHR Clinical Research Network Yorkshire and Humber and York Teaching Hospital NHS FT

The project aimed to help raise awareness of stroke research among patients, the public, carers, staff and the wider multidisciplinary team. Research has been made visible at all points along the stroke patient pathway.

Portsmouth Hospitals NHS Trust

The team of specialist research nurses at Portsmouth Hospitals NHS Trust, along with other members of our multidisciplinary team, aim to increase recruitment to clinical trials and improve patient care. The trust has set up its own research clinics to review patients’ conditions and offer them suitable research studies.

Tees, Esk and Wear Valleys NHS FT

Helen Robinson, an advanced nurse practitioner in older people’s mental health services, made a significant contribution to increasing the number of dementia patients involved in research. She recruited over 80 patients, making her the highest national recruiter. As a result, a new role of research champion is being embedded in the older people’s specialty.

University Hospitals Birmingham NHS FT

The trauma research nurse team was established through funding from the NIHR Surgical Reconstruction and Microbiology Research Centre. The team of trauma and critical care trained nurses run a 24/7 service to recruit patients to time-sensitive clinical research studies, including those injured in overseas combat. Trauma occurs any hour of the day.

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Winner

Clare Edwards, Birmingham Community Healthcare NHS Trust

Clare Edwards is head of Safeguarding Children Services in Birmingham Community Healthcare Trust. Clare provides clinical leadership for safeguarding children within a large and complex community trust. She is a safeguarding children ambassador; she embodies the principles of multi-agency working to protect children; always giving 100% and going beyond what would be expected. Clare is a natural nurse leader; she is caring and compassionate, always having time to listen to and support colleagues. She empowers her team, building confidence and competence, and takes pleasure from seeing team members develop from novice to expert named nurses.

Finalists

Amy Iddon, PJ Care
Amy joined specialist neurological care provider PJ Care in October 2012 as a registered nurse and was quickly identified as a potential leader. She took on the role of acting manager at the company’s Brunel unit in Milton Keynes early in 2013, and was appointed unit manager at sister centre, Bluebirds, in September 2013. Bluebirds is a specialist centre with around 20 residents, and cares mainly for people with early onset dementia.

Anne Wilson, Oxford University Hospitals NHS Trust
The development of the Children’s ED Transfer Protocol and Handover Checklist has increased the registered nursing time available in the Children’s ED. This has improved the quality experience for the child and their family, as well as improving nursing handovers. The protocol functions as a risk assessment and handover checklist. It is not just a paper form but a complete process, starting with a decision to admit. The protocol has now been adapted for adults and is being rolled out across the trust.

Paula Phillips, South West Yorkshire Partnership NHS FT
Developing a Forensic Child and Adolescent Mental Health Service in Wakefield required innovative thinking and decision making to ensure the best possible outcomes for children and young people. Paula made brave decisions and developed unique initiatives with the involvement of young people at a strategic level. This supported development of a transition protocol.

Simone Anderton, Blackpool Teaching Hospitals NHS FT
Simone is the deputy director of nursing and quality and prior to this, she was the associate director of nursing for the Unscheduled Care Division, where she provided senior leadership to over 20 acute areas, including clinical matrons and multiple specialist nurses. She was pivotal in achieving improved nurse staffing establishments, a reduction in patient harms and an overall change of culture.

Vivienne Cooper-Thorne, Velindre Cancer Centre
Vivienne successfully implemented a new nursing structure, redefining senior nursing roles to ensure maximum time is spent with patients and families and supporting junior staff. New roles such as acute oncology nurses have transformed care, winning national awards. A recent, unannounced inspection described care as “superb” and leadership as “outstanding” - testament to her talent.

Winifred Chinery, Southend University Hospital NHS FT
Many patients have benefited from the changes Winnie’s team has implemented but few will understand the contribution the team has made to ensure operations have been undertaken in a safe, effective and caring environment. She is viewed as an exemplary figure within the trust, and her philosophy for the theatres states that “we should care for patients as we would wish to be cared for”.

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Good luck to all nominees!

Barchester Healthcare would like to say well done to Daniel Rowark, nominated in the Rising Star category, and wish good luck to all the Nursing Times Awards nominees.

Barchester Nurse of the Year, Daniel, initially joined us on work experience (because he thought it would look good on his CV!) and is now Head of Care.

Daniel demonstrates devotion and dedication in his role every day and we’re so proud that he’s a Barchester Nurse.

Daniel Rowark, Head of Care

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Winner

Chelsea and Westminster Hospital NHS FT

A recent survey of 558 trans+ people (people with “non-normative” gender identities) showed 65% had had a negative experience when using health services. In 2013 following an online survey, 98 documented allegations of abuse were presented to the GMC. 63% did not complain because they did not trust the system to give them fair treatment. CliniQ was set up to offer an inclusive safe and non-judgemental sexual health and wellbeing service for trans+people their friends and families. The team also offers trans+ awareness training and promotes and campaigns for dignity and equality for trans+people in healthcare.

Finalists

Guy’s & St Thomas’ NHS FT
Barbara’s Story was aimed at putting staff into the shoes of an older patient with early signs of dementia, trying to understand the bewildering world of a hospital. It raised staff awareness of patients’ vulnerability, and confusion, and of dementia itself. Its success evolved into further episodes tackling difficult complex issues including consent, decision making, carers and end of life. Burdett Trust funding saw a free training package developed. 2,000 have been distributed copies across, health, social care, education, voluntary and private sector.

Helen Sanderson Associates
A one-page profile condenses the essence of a patient and what’s important to them onto a single sheet of paper – helping staff get to know what makes them tick and to treat them as dignified, unique individuals. They are particularly useful in the care of older people. Profiles ask: what do others like and admire about you, what is important to you and what is good support for you? NHS leaders say these profiles embody the spirit of the 6Cs. A survey at one hospital using them found that 100% of patients felt they were treated as individuals.

Help the Hospices, St Christopher’s Hospice and NHS Improving Quality
Quality End of Life Care for All is an innovative education programme delivered in partnership between hospital teams and hospice nurses, empowering acute nurses to return to practice able to make a real, sustainable difference to the experience and dignity of patients dying in hospitals, relatives and carers. Originally designed by St Christopher’s Hospice and primarily funded by NHS IQ, it transfers a culture of compassionate care from hospice nurses to hospitals.

Liverpool Heart & Chest Hospital NHS FT
Liverpool Heart & Chest is committed to working to become dementia friendly. As such the trust has committed that all staff will undertake Dementia Friends awareness sessions to inform and educate about the disease, to give a better understanding about what happens to people who live with this disease. The programme was opened out to invite any members of our local community to come to the hospital and receive training, and the team also travels out within their local community to deliver training.

Sherwood Forest Hospitals NHS FT
Enhancing Patient Support provides guidance for clinically based staff to therapeutically engage with patients experiencing confusion, at the point of care delivery. Improving care and patient/carer experience by educating staff on the importance and value of meaningful activity supports staff to develop confidence in their competence when caring for a challenging patient group. The trust has demonstrated a reduction in patient harms, such as falls, while providing “ward to board” assurance standards are being exceeded in practice.

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Infection Prevention and Control

Winner
Royal Free London NHS FT

Since the development of antibiotics in the 1920s, health professionals have been able to treat infections, but with injudicious antibiotic use, pan-resistant bacteria have been produced. This project enabled the trust to accurately assess the risk of its patient population being colonised or infected with a carbapenemase-producing enterobacteriaceae, whether screening is cost effective compared with ensuring patient safety and what the prevalence rate is to enable future escalation of infection prevention and control measures. The trust believes that if it cannot cure patients, it has a duty of care to prevent transmission.

Finalists

East Kent Hospitals University NHS FT
New IC software provides IP&C specialist nurses with a list of all patients across the trust with diarrhoea and/or vomiting. This, together with the introduction of a new diarrhoea assessment tool, record of stool specimen collection label, C difficile “alert” label, and other innovations, including, the imminent launch of the “Alternative Stool Chart”, has enabled the team to adopt a more effective approach to identification and management of patients with infective diarrhoea.

Four Seasons Health Care
Gary Cousins took on a new role as infection control and clinical development nurse. He introduced the infection prevention and control link programme across the 82 Four Seasons care homes in Northern Ireland and Wales. The link programme has enabled the development of a support system that was previously not available to staff. The role enables a member of staff to be the first point of contact within the care home for infection prevention and control advice.

Guy’s & St Thomas’ NHS FT
A patient safety initiative introduced to expand surgical site infection surveillance (SSIS) beyond mandatory requirements to improve safety and care quality through reduction of SSIs. The initiative involved education and awareness raising through meetings with local champions, directorate teams and senior management. A standardised surveillance form is completed by theatre and ward staff enabling analysis and feedback to directorates and management.

Leeds Community Healthcare NHS Trust
The Safe Clean Care Project allows members of the public access to healthcare facilities to give views on the standards of cleanliness and infection prevention practice within clinics and health centres. The project has fostered relationships with the public and raised the profile of LCH within the local community. The organisation has valued the feedback and implemented improvements that were not identified during routine in-house audit activity.

North Tees and Hartlepool NHS FT
The trust had struggled to reduce cases of C difficile, failing to reach targets set by local CCGs. The team had introduced lots of initiatives but needed to co-ordinate and reinvigorate efforts and involve everyone from the chief executive to the ward domestics. The team entered the awards to celebrate the progress during the 2013-14 reporting year – a 51% reduction in the number of hospital acquired cases of C difficile year on year, and cases were 25% below the target set.

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Southern Health NHS FT

A von Valley Community Care Team is a multidisciplinary team that is part of Southern Health NHS Foundation Trust. At AVCCT, the focus is investing in staff and their wellbeing, developing a strong and robust team to deliver services in the most effective and sustainable way. Investment is given to staff wellbeing personally and professionally to ensure a balance between work and home life. Time was given to reflect on the past to enable staff to move forward and grow personally and professionally. Clinical care has improved, and staff feel valued and respected, with morale drastically improved, now working as a team they take pride in driving good quality care.

Finalists

Betsi Cadwaladr University Health Board
All staff are offered the opportunity to join the “Working for a Healthy Heart” programme, which aims to reduce lifestyle risks to health. Based on goal-setting, weekly sessions provide support to achieve each individual aim. Removing travel, time and cost has had a positive effect on staff wellbeing.

Buckinghamshire County Council
Every team member at the organisation is valued, respected and encouraged to explore what wellbeing means to different people. The programme encourages individuals to recognise the impact they have on residents’ and colleagues’ lives and to identify positive ways of working that create a relationship-centred ethos of care.

Derbyshire Community Health Services NHS Trust
Partnership working with external organisations and the expanding team of Royal Society for Public Health trained workplace health champions provides opportunities to offer a range of health and wellbeing initiatives to all staff. Staff support each other to ensure a healthy, happy, committed workforce.

Hull and East Yorkshire Hospitals NHS Trust
An original six-stage model identified and diagnosed specific issues within the teams to produce a bespoke programme of activities to improve the emotional wellbeing of staff. The staff attending team-building days are helped to resolve issues and empowered to change, promoting positivity.

Oxford Health NHS FT
The trust has over 90 staff wellbeing champions across the trust and has built an active staff health and wellbeing action group, which organises and leads a varied range of wellbeing activities. Director-level leadership and CEO sponsorship has been vital and the group feel they are making a real contribution to trust life and staff wellbeing.

Provide
The multidisciplinary workplace health promotion programme has ensured employees have the best possible opportunity to stay motivated and achieve a healthy lifestyle. A needs assessment survey questioned health behaviours and identified staff wants and needs. Provides proactive, sustainable, staff-led programme engages the workforce.

Sandwell and West Birmingham Hospitals NHS Trust
The purpose of the project was to assess the needs of the older workforce within a large NHS hospital and improve the health and wellbeing of that population group. The project used demographics of the workforce to obtain a needs assessment and SMART objectives to formulate objectives and goals.

South West Yorkshire Partnership NHS FT
To support the health and wellbeing of staff, the OH service appointed an occupational therapist, extending the team’s existing professional remit. All staff experiencing functioning and engagement issues as a result of mental health and other health issues, can access referral to OT assessment and intervention.

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Emergency and Critical Care

Winner

Partnerships in Care

This project was the development of a fast-track service whereby patients who have self-harmed and do not present with a systemic illness are assessed and treated more efficiently in an effort to manage the risks they present both to themselves and staff.

As a result of the implementation of the service, staff have stated that they have seen significant value in the fast-track process and evidence would appear to suggest a significant reduction in the number of episodes of attendance at A&E (measured via an audit of attendances pre and post introduction of the service).

Finalists

Cardiff and Vale University Health Board

The critical care directorate of the University Hospital Wales has implemented a change of practice in securing nasogastric tubes (NGT). This encourages the tube to hang freely within the nostril and alleviates all pressure from both Ryles and fine bore devices to the patient’s nostril. Total pressure injuries have been reduced by 8.34% and reported pressure injuries due to NGTs have been reduced to zero in 2014.

NHS Forth Valley

The nurse-led chest pain assessment unit provides safe, effective, efficient and person-centred care. A committed and dynamic team of nurses drive innovative practice to improve patient care. Promoting advanced practice by challenging traditional boundaries results in reduced length of stay and admission avoidance, and promotes evidence-based practice. Although the management of low-risk chest pain is the main purpose of the unit it is not the only service it offers.

Liverpool Heart & Chest Hospital NHS FT

Quick recovery is a new initiative enabling a structured approach to the recovery of postoperative patients who have undergone cardiac surgery. Critical care beds are at a premium; the quick recovery initiative offers new ways of working, allowing an improved patient flow. Quick recovery promotes an innovative, multidisciplinary, collaborative approach, which has made a significant difference to staff and the delivery of care.

Salford Royal NHS FT

The initiative embeds compassionate patient-focused care as the main priority for all staff within critical care. Information gained from both formal and informal patient, relative and staff stories and free text comments have really driven change and inspired staff to behave more compassionately. Common themes influenced experience and led to developing a bundle prioritising care. This begins at reception and ends in clinic after discharge from the ICU follow-up service.

School of Nursing, Midwifery, Social Work and Social Sciences, University of Salford

EU RADAR is a 10-day intensive EU Lifelong Learning-funded programme aiming to develop clinical competence and confidence in nursing students in recognising and responding appropriately to the acutely deteriorating patient (child and adult). A combination of clinical simulation, blended learning and digital and creative media based approaches were adopted for this project.

University Hospital of North Staffordshire NHS Trust

Nurses play a pivotal role in ensuring the provision of care for patients with traumatic spinal cord injury is appropriate and prevents harmful secondary complications and thus ensuring a successful future rehabilitation. The spinal pocket book guide directs nursing staff to the appropriate care for this patient group in accordance with expert evidenced-based practice. The project aims to share this guide with other critical care units.
Winner
Northumbria Healthcare NHS FT

A fundamental issue in identification and care of young people who self-harm is safety, which was the driver and focus of this project. Research statistics demonstrate one in 12 young people self-harm, potentially two students per classroom. A multi-agency integrated approach to support education staff was taken and included young people. The project developed and delivered training for education staff, resources and a guide for the management of self-harm.

Staff report increased confidence in managing self-harm, and awareness of services and pathways to support them. Young people are now receiving safe, timely, appropriate responses to support their mental wellbeing.

Finalists

Cheshire and Wirral Partnership NHS FT
The Complex Recovery and Consultation (CRAC) service at Cheshire and Wirral Partnership NHS FT provides outreach support to local acute wards. It is offering advice from a rehabilitation perspective, enhancing the care pathway for complex individuals requiring an extended hospital admission.

NHS Grampian
Patients with severe and enduring mental health problems who were known only to their consultant psychiatrist, being reviewed at six-monthly intervals, now have alternate appointments with a senior nurse and their consultant. This increases access to services and enhances patient-centred care, with particular attention paid to physical health monitoring.

NHS Greater Glasgow & Clyde
The Namaste programme from NHS Greater Glasgow & Clyde supports the philosophy of person-centred care and offers people with advanced dementia the opportunity to engage in meaningful activity. Comfort is a large part of the process and each patient has items that are personal to them, which provides pleasure and comfort.

Health and Social Services Department, States of Guernsey
The Decider is a pictorial reference card produced by the health and social services department that summarises 32 CBT and DBT informed skills. The manual provides a client handout and detailed explanation for clinicians and was developed in Guernsey by Michelle Ayres and Carol Vivyan.

Northumberland, Tyne & Wear NHS FT
A network of 80+ tissue viability link practitioners was formed. The nurses (who are registered mental health nurses) provide clinical input to wards but also raise awareness, develop skills and competencies and assist the process of assessment, monitoring and management of skin integrity.

Nottinghamshire Healthcare NHS Trust
Topaz is a 12-bedded personality disorder admission ward within the National High Secure Healthcare Service for Women. The care provided and approach to risk management has changed from risk-averse practices to a pro-social model of forensic mental health nursing care. This reduced levels of violence and self-harm.

Partnerships in Care
Non-medical prescribing as practised at Stockton Hall Hospital, a medium secure hospital for people with mental illness, personality disorder and/or learning disability, challenges traditional models of service delivery and makes more effective use of the skills and experience provided by its nursing staff.

South Essex Partnership University NHS FT
MAP is a recovery-focused project improving health outcomes for people with schizophrenia, schizo-affective disorder and bipolar affective disorder. Regular reviews of risk factors, rapid access to consultant, condition-specific psycho-education and targeted activities support improved self-management.

South West London and St George’s Mental Health NHS Trust
The team has worked collaboratively with Sutton Carers’ Centre using the Triangle of Care principles. This has resulted in development of admission and discharge packs for carers; a ward walk; and a much greater focus on family and carer engagement. This work is now being used as a template rolled out across the trust.
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We will be known as Interserve Healthcare from the 1st December 2014 (formally Advantage Healthcare), to find out more information about us, please visit our website www.interservehealthcare.com
Winner

Sirona Care & Health

Sirona Care & Health’s Community IV service has provided women suffering with extreme morning sickness a lifeline. Previously, most of these women were admitted into hospital during what should be a time full of anticipation and excitement. The two shortlisted IV nurses developed and implemented a pathway that puts the woman at the centre of her care and provides a home-based service that manages the condition (hyperemesis gravidum) and supports the family. The feedback has been overwhelmingly positive with many saying it has lifted them out of the loneliness and desperation that this condition quickly creates.

Finalists

NHS Ayrshire & Arran
NHS Ayrshire & Arran was allocated three years’ funding to work in partnership with North Ayrshire Council and the communities of Androssan Central and Castlepark to support health improvement and reduce health inequalities.

City Health Care Partnership
The Community Macmillan Specialist Palliative Care Team in Hull led an end-of-life skills audit of community nursing staff. This project identified deficits in knowledge and increased confidence in this part of care delivery.

Keele University
This project explored the experiences of patients with chronic venous leg ulceration and established that factors that impacted on quality of life were not consistently addressed during consultations so a new consultation template was developed.

Liverpool Community Health NHS Trust
The NICE and BHIVA guidelines on HIV testing underpin all outreach HIV testing activity the team engages in; purely and simply early diagnosis of HIV infection saves lives.

Newcastle upon Tyne Hospitals NHS FT
Clients are seen at home or community venues to provide effective contraception, promote long-acting reversible contraception to reduce unplanned pregnancies and offer advice and screening.

Pennine Acute Hospitals NHS Trust
Pennine Acute NHS Trust and North Manchester CCG have commissioned an innovative wound care service to address the inequalities experienced by the homeless and hard to reach population.

South West Yorkshire Partnership NHS FT
Through self-awareness and self-management, the nurse-led Barnsley Care Navigation/Telehealth service helps people take control of their ongoing illness or long-term condition.

Spectrum Community Health CIC
Spectrum introduced the first relationship and sex education programme within a secured environment. Advice, support and bespoke materials encouraged prisoners to make positive and informed choices.

Virgin Care
The Hard to Reach Service improves access to contraception and advice for vulnerable young people in North East Lincolnshire, who were proving difficult to reach through traditional channels, reducing teenage pregnancy rate by 40%.

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Improving Healthcare through Nurse-Led Initiatives

The Burdett Trust for Nursing is an independent grant-making charity named after Sir Henry Burdett KCB, the founder of the Royal National Pension Fund for Nurses. Since it was founded in 2002 the Trust has made grants in excess of £22.5M to support the nursing contribution to healthcare. The Trustees target their grants at projects that are nurse-led and that empower nurses to make significant improvements to the patient care environment. Currently they focus their funding on three key areas:

- **Building nursing research capacity**
  Supporting clinical nursing research and research addressing policy, leadership development and delivery of nursing care.

- **Building nurse leadership capacity**
  Supporting nurses in their professional development to create a cadre of excellent nursing and allied health professionals who will become leaders of the future and foster excellence and capacity-building in advancing the nursing profession.

- **Supporting local nurse-led initiatives**
  Supporting nurse-led initiatives that make a difference at local level and are focused explicitly on improving care for patients and users of services.

To maximise the impact of their funding the Trustees work in partnership with other charities to deliver carefully targeted grant programmes. Currently the Trust’s funding partners are:

- Age Cymru
- Florence Nightingale Foundation
- Foundation of Nursing Studies
- International Council of Nurses
- Queen’s Nursing Institute
- Queen’s Nursing Institute Scotland
- Roald Dahl Foundation
- Winston Churchill Memorial Trust

To find out more about the Trust and its grants programmes please visit our website www.btfn.org.uk

Charity registration no: 1089849
Winner

Yeovil District Hospital NHS FT

Yeovil Hospital’s monthly Safety Thermometer Day is an example of using peer support and technology to drive patient safety and harm reduction. The day starts with a meeting with the director of nursing and the senior nurses to set the scene. The director of nursing and senior nursing team then disperse to the wards, engaging directly with every patient while inputting thermometer data into an in-house designed iPad app. The group reconvenes over lunch to review the live results, which have been processed immediately by clinical governance. Staff offer both peer support for areas of challenge and celebrate significant achievements.

Finalists

Burton Hospitals NHS FT
An electronic tool has reduced the number of hospital-acquired pressure ulcers. The SKINS Communication Tool draws data from the electronic patient record, presenting it in a RAG-rated visual table, at the touch of a button. It gives patients’ age; length of stay; Waterlow score; whether patients were risk-assessed within six hours, and whether they have received a re-assessment within seven days.

Cardiff and Vale University Health Board
The critical care directorate of the University Hospital Wales implemented a change of practice in securing nasogastric tubes (NGT). This encourages tubes to hang freely within the nostril and alleviates all pressure from both Ryles and fine bore devices to the patient’s nostril. The new fixation method has reduced total pressure injuries by 8.34% and reported pressure injuries due to NGTs to zero in 2014.

Lincolnshire Partnership NHS FT
The trust mapped the areas of incidence of self-harm by method and developed corresponding self-harm “grab bags” by type: burns, cutting and ligature. These were discreetly placed where they were most likely to be needed to avoid constituting a “sign stimulus” for self-harming behaviour. Secondary self-harm clusters in others appeared to be related to a precipitating initial incident and had common factors.

Nottingham University Hospitals NHS Trust
Caring Around the Clock (CATC) aims to improve patient safety and patient experience of care and compassion through the trust’s version of hourly intentional rounding. It changes the way nurses organise their workload to ensure consistent hourly review and effective communication and contact is made with every patient and their family, and they are offered individualised care.

Walsall Healthcare NHS Trust
The trust wanted a more joined up and focused approach and to ensure the long-standing policy to prevent falls was a priority for staff at all levels. A new post of patient safety project manager collates and analyses data to enable nurses and managers to swiftly spot any trends and areas for concern, and liaises with senior ward-based nursing staff to raise awareness of areas of concern and facilitate an immediate response.

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Respiratory Nursing

Winner

Guy's & St Thomas' NHS FT

The asthma patient passport is a patient-held record containing clinical and demographic information to facilitate timely access to emergency services.

It was an innovation born of necessity as patients with severe/difficult asthma were putting their lives at risk by staying at home rather than feeling out of control in the emergency department. The passport gives the patients the confidence to access emergency care.

It helps healthcare staff make decisions by outlining how the patient has previously presented and what works for them. It ensures that the patients receive the right treatment, at the right time, in the right place.

Finalists

Birmingham St Mary’s Hospice

Birmingham St Mary’s Hospice has launched Space to Breathe, a six-week, hospice-based course, designed to address the palliative care needs of people with advanced COPD and their carers. The programme includes breathlessness management, CBT, exercise, relaxation, carer support and advance care planning.

East Lancashire Hospitals NHS Trust

The trust created a seamless pathway in delivering respiratory care. All clinics are nurse/physiotherapy led and include cognitive behaviour clinics, in-patient/domiciliary pulmonary rehabilitation, IPF clinics alongside nurse-led services for oxygen, nebuliser, asthma and COPD assessments and pulmonary rehabilitation.

Lewisham and Greenwich NHS Trust

This initiative was developed to ensure patients requiring oxygen therapy were assessed according to national standards and then subsequently supported in the community. The purpose was to develop a robust oxygen assessment service within secondary care setting that integrated seamlessly with the community pathway.

Liverpool Heart & Chest Hospital NHS FT

Patients who previously required prolonged hospitalisation with a chest drain were safely discharged home. The multidisciplinary team ensures pre-discharge patient education is sufficient by using teach-back methods. Thoracic ANPs provide telephone support.

South Tees Hospitals NHS FT

Nurse-led HIV testing in active tuberculosis disease was developed following national guidance and consultant-led low testing rates of 21.2%. Nurse-led testing increased the rate to 90.3% providing clinic or home-based testing with routine sampling or rapid access to point-of-care testing.

University Hospitals of Leicester NHS Trust

The respiratory discharge service was redesigned from an early to a supported discharge service to implement a COPD care bundle. From April 2012 to March 2013, 1,160 patients were discharged with the support of the care bundle. Length of stay reduced from 7.2 days to 6.7 days.

University Hospital of North Staffordshire NHS Trust

UHNS is a primary referral centre for motor neurone disease patients with respiratory muscle weakness. The NIV nursing team redesigned the service to become one of few centres to offer clinic/home-based NIV initiation to maximise patients’ quality of life and time at home.

Virgin Care

Asthma masterclasses were created to prevent patients regularly attending hospital as a result of their asthma. The sessions gave patients a detailed understanding of their condition and provided a platform for discussion, questions and answers from professionals to improve patients’ ability to self-manage.
**Winner**

**Nottinghamshire Healthcare NHS Trust**

Spot On aims to support point-of-care and capillary blood testing for a number of blood assays to people with a learning disability for whom being bled via venepuncture causes anxiety, risk or has not been considered because of perceived challenges. At the same time it provides testing that is least restrictive, more acceptable to the person, and can be carried out by someone who knows the person well, in an environment that reduces anxiety. Spot On will enable previously unmet health needs to be identified and accurately diagnosed, treatment initiated and where appropriate the response to treatment monitored.

**Finalists**

**Calderdale and Huddersfield NHS FT**

Dennis’ story is a powerful 10-minute film showing how Calderdale and Huddersfield FT has worked alongside nursing home partners at Oxfield Court and film company partners Limehouse, to raise awareness about the importance of good communications with patients and their families, and especially when a patient has learning disabilities. It is now available to all trusts nationally.

**Gloucestershire Hospitals NHS FT**

This initiative has resulted in a trust-wide transition policy that can be used not only for a young person with a learning disability but for other young people with complex care needs. The key elements to this initiative are establishing effective levels of communication and compassion for the needs of the young person and family going through transition with supporting documentation and leaflets.

**Leicestershire, Northamptonshire & Rutland Strategic Learning Disabilities Working Group**

The group, working with people with learning disabilities, led work on behalf of the East Midlands to develop two DVDs on bowel and breast cancer screening as a resource to help people with a learning disability make decisions about cancer screening, what it involves, and what will happen when attending appointments.

**University of Nottingham**

This project describes the creation and use of a board game alongside fun self-esteem building activities for Laura, a 17-year-old woman who chooses not to engage. The game has far-reaching implications than had originally been thought of, and it is the intention to develop it as a complete package for use with individuals and groups who are experiencing social anxiety at transition.

**Rotherham, Doncaster and South Humber NHS FT**

Peer support workers (people with lived experience of mental health problems or learning disability) were introduced to help the transition from children and young people’s services to adult agencies, reduce perceived boundaries between workers and patients, reduce prejudice and inspire children and young people with a mental health problem and/or learning disability to realise positive outcomes.

**Somerset Partnership FT**

The team adapted the epilepsy/rescue medication training to improve the skills and knowledge of staff and help with service users medication/treatment plan and quality of life. A film will be used as a tool to aid discussion around seizure triggers and recording. This training is aimed at any professional/non-professional with an interest in people with learning disabilities and epilepsy.

**Tees, Esk & Wear Valleys NHS FT**

Research shows people with learning disabilities are often bullied by their peers. This six-session educational programme works with perpetrators and victims of bullying, and their support staff. It helps victims to recognise they are being bullied and how to seek help. It also allows perpetrators to see the bullying behaviours they are displaying and the detrimental effect their actions can have on others.
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Winner

Lorraine Burgess, The Christie NHS FT

Lorraine Burgess celebrates 40 years of working in the NHS this year. A dual qualified nurse, she has worked passionately with older people during her career and became the first dementia nurse specialist to be employed in an acute hospital setting. Currently working as a Macmillan dementia nurse consultant at the Christie Oncology Hospital, a joint funded role between Macmillan and The Christie, she develops services for those with cancer and dementia while supporting them through treatment. She currently also provides education and training to equip staff with the knowledge and skills to care for patients in this field of nursing.

Finalists

Jacqui Binding, Gateshead Health NHS FT
Jacqui is a rheumatology nurse specialist, and has been instrumental in developing a service that is person centred. Through assessment, diagnosis and follow up, collaborative MDT working and provision of patient support groups and telephone helpline, she empowers patients to live well with arthritis and stay independent.

Jean Munday, Portsmouth Hospitals NHS Trust
Jean has developed high-quality specialist services, including nurse-led endocrine testing and reporting, nurse-led services for patients with endocrine disease. Jean has raised the profile of endocrine nursing as vice-chair of the BES Nurses committee and has helped develop the national endocrine nurse competencies.

Karen Jordan, Spectrum Community Health CIC
Karen is a senior nurse practitioner/nurse prescriber and specialises in improving health and wellbeing of vulnerable individuals who are hard to engage with and often lead chaotic and transient lifestyles, by building trust, gestures of respect, continuity of care and addressing what matters to service users.

Kaye Drew, Sheffield Teaching Hospitals
Kaye has led the way in developing a pioneering, integrated and personalised GI service, which uses easy-to-swallow pill cameras (capsule endoscopy) and conventional endoscopy to diagnose bowel and potential cancer problems. Kaye plays a central role in organising an integrated small bowel service.

Marian Bernadette Holbrook, NHS Orkney
As a lone practitioner in a remote island setting her aim was to provide integrated care and better access to that care for the island population without a resident GP, working with the wider multidisciplinary teams on the mainland, which has resulted in the provision of Homecare, first responders and access to an ambulance.

Paula Phillips, South West Yorkshire Partnership NHS FT
Determined to put young people first and at the centre of the Forensic Child and Adolescent Mental Health Service in Wakefield, Paula implemented focus groups, encouraging feedback that led to the development of a series of initiatives that resulted in direct improvements in the care of young people.

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UNISON – the union for nurses and healthcare assistants
Winner

George Eliot Hospital NHS Trust

The acute medical unit and ambulatory care team have designed and built a new unit in record time with the help of the wider George Eliot Hospital team (including patients and the board). The trust was a Keogh trust under special measures and now with this and other actions have been rated “good” by a recent CQC inspection and out of special measures. The 41-bedded AMU and dedicated ambulatory care unit opened early December 2013 and by the end of December the trust had gone from one of the worst for A&E target to in the top three, mentioned in Parliament.

Finalists

Barking, Havering and Redbridge University Hospitals NHS Trust

The Macmillan Specialist Palliative Care Team prioritises education alongside direct patient care. Achievements include the production of a DVD, training, weekly mandatory sessions, launch of the Gold Standards Framework and a “treasured memories” project.

Blackpool Teaching Hospitals NHS FT

The patient experience team launched a “Tell Us” information campaign to deliver clear and understood messages to the local population about the different ways they can leave feedback about their care and treatment, along with introducing new ways to gauge opinion at the patient’s bedside and in day clinics.

CSH Surrey

CHHNS is a multi-organisational partnership set up to deliver seven-day-a-week nursing care at home for those at the end of their lives. The team enables people to die in their own homes by providing a unique combination of specialist community nursing and hospice nursing care.

Guy’s & St Thomas’ NHS FT: Band 3 Heightened Surveillance Team

The Band 3 team is a year-long collaborative project between Guy’s and St Thomas’ NHS and South London and Maudsley NHS FT. It provides Safe and Support Observations and Engagement to patients requiring 1:1 nursing care across the trust.

Guy’s & St Thomas’ NHS FT: Enhancing the care of vulnerable adults and those with dementia

The safeguarding adults team provide advice and support to the most vulnerable patients, who have complex needs. The team aims to achieve the most desirable outcomes in accordance with the wishes of the patients or their carers.

North Essex Partnership NHS FT

The Veterans First’ specialist NHS mental health team provides those leaving the military and veterans with access to appropriate mental health treatment for their service-related conditions. The team use the Care Programme Approach to ensure a seamless transition from MOD to NHS services.

The Royal Wolverhampton Hospitals NHS Trust

The culture supports normality during childbirth, valuing safety for women and families while allowing the freedom to birth naturally. Each member of the team possesses the skills and knowledge to support women in a low risk environment to make each birth a truly special and extraordinary experience.

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Leading the way in nursing care

NHS Erewash and NHS Southern Derbyshire Clinical Commissioning Groups (CCG) are proud to be sponsoring Nursing Times Chief Nursing Officers’ Lifetime Achievement Award. The two CCGs are leading the way in developing the role and influence of the chief nurse.

There are various models of CCG nurse leadership. Anne-Maria Olphert (right) is the chief nurse quality officer and director of nursing for NHS Erewash CCG, and Lynn Woods (far right) is the chief nurse and director of quality. This situation is not the case in every CCG, with some chief nurses operating only on a part-time basis as part of their governing body.

Anne-Maria and Lynn are responsible for ensuring the highest quality for their populations wherever they receive services and care. Their role includes adult and children safeguarding, serious incident oversight, cause for concerns from the public, end-of-life services, patient engagement and experience, interpreting national policy and documents relating to nursing, and quality, infection control and prevention.

Both NHS Erewash and NHS Southern Derbyshire CCGs recognise the value of having an experienced nurse at a senior level which means that crucial issues of care, compassion and dignity, as well as issues of quality and safety, receive full attention. This is because CCG nurses bring a wealth of clinical and local knowledge to commissioning, and a breadth of experience that allows them to champion the patient experience at an individual and population level.

The CCG chief nurse also has to have the ability to see the whole system and lead on issues across multiple providers on patient safety and experience with an ever greater focus on outcomes.

This strong track record for leadership and innovation has led to national recognition for the duo, with Anne-Maria shortlisted as an inspirational leader in the NHS Leadership Recognition Awards, and Lynn being chosen as the national chief nurse representative on the Clinical Network Leadership Steering Group.

“It’s important CCGs ensure that they have the ability to develop relationships with a range of professionals, including senior nurses in all parts of the healthcare system. This requires a credible leader who possesses vision, and has presence and a senior profile to lead and respond to issues across boundaries within health and social care settings,” says Anne-Maria.

“Commissioning for outcomes requires creative problem solving and risk management strategies based on professional experience, intuition and understanding. It can challenge CCG nurses to work outside their traditional sphere of professional practice,” says Lynn. “Professional leadership will be tested through co-commissioning and shifting area team boundaries.”

All this means there are exciting opportunities ahead for chief nurses in CCGs. In May 2014 NHS England announced that CCGs could submit expressions of interest to co-commission primary care services. CCG nurses will be expected to challenge and respond to variations in clinical practice, and support improvements to patient experience.

NHS Erewash and NHS Southern Derbyshire CCGs will fully embrace these changes and challenges and will continue to lead the way in clinical leadership to ensure the highest quality of care for all of their patients.
The judges selected Professor Donna Mead to win this year’s Lifetime Achievement Award because of her long history of championing the profession and making changes that have shaped nursing and the care provided to patients. Since she started her career, she has always set herself high standards, beginning with winning the gold medal for best student in training.

After initially working as a paediatric nurse she became a nurse educator and subsequently a nurse researcher, and it is through this academic role that she achieved the greatest impact on the profession. After studying at the University of Manchester for her MSc and teaching qualification, she set up and led the first undergraduate pre-registration nursing course in the North East Wales Institute, Wrexham; and became a consultant nurse with Clwyd Health Authority. In 1989 she moved to the Nursing Research Unit at the University of Wales College of Medicine as senior research assistant. She worked on an all Wales study into primary nursing, which was commissioned by the Welsh Office. She again moved in 1991 this time to Swansea University where she set up a research and graduate studies programme and led the first undergraduate pre-registration programme at that University. She completed her PhD in 1993. In 1996, she was appointed Professor of Nursing and Head of the School of Care Sciences at the University of Glamorgan. Professor Mead became the Dean of the faculty of Health, Sport and Science.

Despite her close ties with the academic side of nursing, she has never forgotten her roots in practice and has maintained a fantastic relationship with the NHS through clinical roles, research and committee membership.

Professor Mead was the higher education representative on the Welsh Nursing and Midwifery Committee for six years, providing independent and impartial advice to the Minister for Health (secretary of state for Wales prior to devolution).

She then led the team that produced the first ever policy document to be issued from the newly formed National Assembly for Wales, “Realising the Potential: A strategy for Nursing, Midwifery and Health Visiting in Wales”.

Professor Mead has held the posts of non-executive director of the North Glamorgan NHS Trust and is an Independent Member of Cwm Taf University Health Board, several academic and ministerial appointments.

She led the University of Glamorgan to be a founder member of the World Association of Disaster Nursing (only one outside Asia/Pacific rim) and hosted the 2nd World Association Conference in August 2012 bringing delegates from 28 countries to Wales.

In 2013 this work was recognised nationally when Professor Mead’s team won the education and research category in the Military Civilian Health Partnership awards. Professor Mead is honorary Patron of 203 Welsh Field Hospital and is Veterans’ Champion for Cwm Taf University Health Board. Since 2005 Professor Mead has led a Research Capacity Building Collaboration in Wales, which involves six universities. More than £4m has been awarded and more than 40 nurses, midwives and allied health professionals have been awarded research fellowships.

Jean White, chief nursing officer for Wales, says: “I am delighted that Professor Mead has been awarded the CNO Lifetime Achievement Award 2014 as she is a very worthy winner. She is an inspirational leader who has spent her career championing improvements in patient care. She’s had a sustained leadership presence at national level and her advice and support has helped develop NHS services, promoted excellence in education provision and built the capacity of health professional research in Wales. Her support for the 203 Welsh Field Hospital was welcome during their preparation for deployment to Afghanistan last year.

“Her passion for historical nursing research has ensured the contribution of individuals such as Betsi Cadwaladr, a Welsh Crimean War nurse, are now well known in Wales. It has been a pleasure working with her and knowing her.”

She received an OBE in 2009 for services to healthcare. She is an Officer of the Venerable Order of St John, trustee and chair of St John Cymru Wales Clinical Governance Committee, a Fellow of the RCN and Professor of Nursing at the University of South Wales.

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