FIG 1. TIPS FOR NURSES USING SOCIAL NETWORKING

PRIVACY Even if your social media site page is set to private, it is not entirely private, and most times there are ways of getting into a person's page or site.

CONFIDENTIALITY Never disclose names of patients or colleagues, or present markers that can identify them to others.

REPORTING Most times it is the people in your network or page who report and identify inappropriate comments or behaviour to managers and trust departments.

DIGITAL FOOTPRINT Always remember that once a comment or image is posted online, it is archived and this contributes to your digital footprint. Comments on social media remain in the public domain and there is little control after it has been posted.