<table>
<thead>
<tr>
<th>Phase</th>
<th>Guiding question points</th>
<th>Documentary evidence of action</th>
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| Searching   | - What is your topic and areas of interest or question in relation to this topic, and what are the applicable search terms to help you explore this?  
  - What search terms are you going to use (what will inform your search terms)?  
  - What specific criteria are you using to select an appropriate article (what type of article – practice discussion or review, original research or research report)? | - The topic of interest or question posed, together with final search terms used  
  - The search engine or online database used  
  - The criteria used  
  - The article reference                                                                                                                                  |
| Reviewing   | - Read the article in full for the first time (do so at a time and in a place when you know you can read it without being interrupted or distracted)  
  - Is this article potentially relevant to your own field of practice?  
  - What initial new or reinforced learning can you take from this article?                                                              | - Key issues within the article  
  - How this article relates (or potentially relates) to your current practice  
  - What you have learnt from reviewing this article                                                                                                    |
| Linking     | - How does this article link to specifics outlined in the NMC Code (NMC, 2015b)?  
  - How does this article link to the Domains of Nursing outlined in the NMC (2010) competencies for nurses?  
  - How could this article content be specifically linked and applied to your own practice development and that of your colleagues? | - Aspects of the NMC Code (NMC, 2015b) relevant to the article  
  - Aspects of the Domains of Nursing (NMC, 2010) that relate to this article  
  - How personal practice and that of others may be changed or reinforced based on the article                                                                 |
| Action      | - Read the article again – is there additional learning to gain from it or do you need to read and reflect on something else as well?  
  - Identify specific action points you are going to implement as a result of this reading and reflection in relation to your own practice development (eg further personal study) or that of your colleagues to benefit service users  
  - Revisit the article after a defined time period. Have you been able to implement these action points? If not, how could any defined obstacles be overcome? | - Additional issues identified on further reading  
  - Action points for practice  
  - Review of action points at subsequent date together with any additional action to take place                                                                 |
|             |                                                                                                                                                                                                                      |                                                                                                               |