**FIG 1. CRITICAL CARE REHABILITATION PATHWAY**

**Day 1: Admission to ITU/HDU**
- Rehabilitation assessment
- Patient diary
- Delirium assessment
- Physiotherapy assessment

**Day 2**
- Patient diary
- Early physiotherapy input
- Delirium assessment

**Day 3: Onward to ITU/HDU**
- Re-assessment of rehabilitation needs
- Patient diary
- Delirium assessment
- Physiotherapy input

**2 months after discharge**
- Patient invited to attend follow-up clinic
- Follow-up clinic
- Patient given breakdown of intensive care stay
- PTSD assessment
- Advice and referral to clinical psychologist (if needed)
- Follow-up support group

**Day of hospital discharge**
- Re-assessment of rehabilitation needs
- Outreach team involvement
- Patient journey explained to patient by outreach team with aid of patient diary

**Day of admission to ward**
- Re-assessment of rehabilitation needs
- Outreach team involvement
- Physiotherapy interventions

**HDU** = high dependency unit. **ITU** = intensive therapy unit. **PTSD** = post-traumatic stress disorder.