Finalists’ brochure

Grosvenor House Hotel, Park Lane, London
12 November
Congratulations to all the winners and finalists listed in the following pages. To be shortlisted for any of our awards shows you have done something really special. You have made a difference to the patients, residents and service users who have all been in receipt of your nursing care. And the difference that you have made has been recognised by our panel of judges – who are your peers and know all too well how difficult some of these projects have been to get off the ground, sustain and grow. They appreciate just what an accomplishment this is to deliver change and innovation in these financially difficult circumstances when demand for nursing care is growing. Their acknowledgement of your success should make you feel very proud.

Our judging process is intense and exhaustive. Our judges scrutinise every entry, consider the evidence base and measure each entry against its peers. They make their decisions about who should get the prestige of being on our shortlists, and then they meet those candidates and interview them in person so they can better understand how the project works and analyse its outcomes before selecting a winner in each category. It’s a pretty labour-intensive process. My thanks, therefore, to our panel of judges who work extremely hard to find our shortlists and winners.

I’d also like to thank our sponsors. Their support enables us to make these awards happen. We are very grateful to them.

As I said earlier, being on our shortlist is something to shout about. We received nearly 1000 entries across 20 categories and so it is an extremely tough field you’ve been competing in. If you’ve made it to the shortlist, this is an incredible achievement, well done. Make sure you tell your local press and tweet about your success using the hashtag #NTAwards and let the world know how smart, clever and innovative you’ve been. Let’s tell everyone. It’s time to reveal that nursing is more than just changing bedpans and bandages. Nursing takes brains and brilliance. You have that in abundance.

And, as ever, a final thank you to all of our finalist for entering and being a part of the biggest and best nursing awards in the country. We’re so proud of you, and I hope you’re proud of yourselves. Enjoy your success.

Jenni Middleton
Editor, Nursing Times

Contents

Judges .......................................................... 3
Special Recognition Award .............................................. 5
Cancer Nursing ..................................................... 7
Care of Older People ................................................... 8
Child and Adolescent Services .................................... 9
Rising Star .......................................................... 11
Continence Promotion and Care .................................. 13
Clinical Research Nursing ......................................... 15
Nurse Leader of the Year ........................................... 17
Emergency and Critical Care ..................................... 19
Enhancing Patient Dignity ......................................... 21
Infection Prevention and Control ................................ 23
Improving Staff Experience ....................................... 25
Nursing in Mental Health .......................................... 27
Nursing in the Community ......................................... 29
Patient Safety Improvement ....................................... 31
Respiratory Nursing .................................................. 33
Learning Disabilities Nursing ................................... 35
HRH The Prince of Wales Award for Integrated Approaches to Care ........................ 37
Nurse of the Year .................................................... 39
Team of the Year .................................................... 41
Chief Nursing Officers’ Lifetime Achievement Award .... 43
Thank you to all the judges of the Nursing Times Awards 2015 for giving up their time and lending us their expertise to select our finalists and winners.

Gail Adams, Unison
Julie Atherton, Barchester Healthcare
Hilary Atkinson, Berkshire Healthcare FT
Lesley Baillie, London South Bank University, University College London Hospitals
Shirley Baines, The Burdett Trust for Nursing
Marie Batey, NHS England
Julie Bevan, Countywide Respiratory Team, Lincolnshire Community Health Services Trust
Sharon Blackburn, National Care Forum
Kerry Bloodworth, Nottingham University Hospital (neonatal unit); Sick Children’s Nurse Project Lead for Productive Ward
Jo Booth, Glasgow Caledonian University
Debbie Brown, Burnt Ash Surgery; Lewisham Clinical Commissioning Group
Michael Brown, Royal College of Nursing
Lorraine Burgess, The Christie FT
Linda Burke, University of Greenwich
Aisling Clarkson, Surgical Reconstruction and Microbiology Research Centre
Yvonne Coghill, NHS Leadership Academy
Anne Cooper, Health and Social Care Information Centre
Jane Cummings, Chief Nursing Officer England
Thomas Currid, School of Health and Human Sciences, University of Essex
Alyson Davies, Swansea University
Cynthia Davis, Kingston University & St George’s University of London
Agnes Fanning, Buckinghamshire New University
Dr Mary Flatey, St Joseph’s Hospice
Carole Fry, Department of Health
Tracey Gauci, Department for Health, Social Services and Children, Welsh Government
Jacqui Graves, Macmillan Cancer Support
Mark Gray, National Network for Learning Disability Nurses, Birmingham City University
Peter Griffiths, University of Southampton, International Journal of Nursing Studies
Susan Hamer, NIHR Clinical Research Network
Sally Hardy, London South Bank University
Nicky Hayes, King’s College Hospital FT
Matthew Hodson, Homerton University Hospital FT
Mary Hopper, Sutton CCG
Ian Hulatt, RCN
Heather Iles-Smith, Leeds Teaching Hospitals Trust
Helen Jones, Guy’s & St Thomas’ FT
Fergus Keegan, Kingston Hospital
Carol Kefferd, Nuffield Health
Alison Kelly, Countess of Chester Hospital
Sarah Laflery, West Hertfordshire Hospitals Trust
Tracy Lambert, Unison
Helen Laverty, University of Nottingham/ Facilitator of the Positive Choices network
Alison Leary, Royal College of Nursing
Jill Maben, Florence Nightingale School of Nursing and Midwifery
Jo Majithia, Central and North West London FT
Charlotte McArdle, Chief Nursing Officer Northern Ireland
Fiona McQueen, Chief Nursing Officer Scotland
Maxine McVey, West Hertfordshire Hospitals Trust
Ann Moses, Unison
Joan Myers, Whittington Health
Linda Nazarko, Ealing Hospital Trust
Marie Nelson, University Hospital Southampton
Wendy Ness, Croydon University Hospital
Wendy Nicholson, Department of Health
Anne O’Brien, NHS Professionals
Fiona O’Neill, NIHR Clinical Research Network
Ruth Oshikanlu, Nu Social Health Organisation
Christine Oxnard, NHR Clinical Research Network
Sue Pascoe, CWHIE CCGs Commissioning Collaborative
Candice Peletti, Queen’s nurse at NHS Lincolnshire
Claire Price-Dowd, NHS Leadership Academy
Samantha Prigmore, St George’s Healthcare and British Lung Foundation
Dr Kishan Rees, Director, WatMed Educational
Liz Robb, The Florence Nightingale Foundation
Bronagh Scott, NHS England
Teresa Shaw, Foundation of Nursing Studies
Eileen Shepherd, Nursing Times
Rebecca Sherrington, Princess Elizabeth Hospital
Dee Sissons, Marie Curie
Janice Stevens, Barts Health Trust
Ben Thomas, Department of Health
Jane Wells, Oxleas FT
Jean White, Chief Nursing Officer Wales
Amanda Wood, University Hospitals of North Staffordshire Trust
Suzette Woodward, Sign Up To Safety
Lynn Woods, Southern Derbyshire CCG

www.nursingtimes.net

Nursing Times Awards 2015 3
Eleventh Hour Medical was born from the passion and desire to ensure that the best service levels are provided in the healthcare industry for both NHS and private organisations.

We understand the world of healthcare is ever changing, fast paced – needing a rapid response partner to meet the demands in delivering best-in-class healthcare.

Our expert, professional consultants take the time and effort to establish exactly the needs are and offer an unrivalled service. Attention to detail has helped us to become the recruitment agency of choice for many hospitals around the country. Our impressive client list includes a large number of NHS trusts, private hospitals, clinics & care homes.

020 37863145 | 01992 500525
info@eleventhhourmedical.co.uk
www.eleventhhourmedical.co.uk
This year, the Nursing Times Awards is giving a special award to the High Level Isolation Unit Nursing Team at the Royal Free Hospital in London.

The High Level Isolation Unit (HLIU) at the Royal Free looks after patients with highly infectious diseases. It is where many of the clinicians who were caring for people with Ebola were brought back to when they were infected, for example nurses Will Pooley and Pauline Cafferkey.

The success of this unit depends on a very strict set of protocols around infection control that are governed by nursing staff. To protect staff, patients are looked after in plastic Trexler bed isolators. Though caring for the patients involves many disciplines and practitioners (ITU, physiotherapy, counsellors, doctors); the HLIU nurses ensure that people interact with the Trexler isolators safely and that there are no breaches or risk of staff infection.

The three nurses infected with Ebola have survived – thanks to the care the HLIU team have provided. The hospital Patient at Risk team has helped the HLIU team give them ZMapp and MIL 77 (the experimental treatments for Ebola). The ITU nurse also helped support the HLIU team in giving non-invasive ventilation to one of the patients who became critically ill. The HLIU team is central to giving physical and psychological care to the patients and their families.

Psychological care has been particularly important for these three patients, as they had nursed Ebola patients in Africa and knew what could happen to them. Care is also needed to help them get used to the small space they are now in – the isolators can feel claustrophobic. The Royal Free Charity also provided help: it gave the patients iPads. The team also spent a long time keeping the families informed and letting them into the unit frequently.

The nurses have also been trained on the Ebola surge plan (if there are more than three Ebola patients in the country at the same time), and so they are supporting and training nurses in other ID units.

They deserve this award not just for helping the patients they have looked after to recover, but also because they have personally put themselves at potential risk to help other nurses who have done the same thing for their patients and become infected. The award recognises their bravery, compassion and clinical skill.
Macmillan is proud to support the Nursing Times Awards – Cancer Nursing category.

Award nominees have delivered exceptional work in cancer care, and we are honoured to recognise their success.

Macmillan wants to make sure no one has to face cancer alone but we can’t do it without amazing people like you. There are many ways you can help us improve the lives of people affected by cancer.

Find out more at macmillan.org.uk/patientsupport
Breast-care nurses have been pivotal in effecting changes and developing a distinct pathway to meet the needs of learning disability clients. Enquiries have increased regarding flexible and adaptive appointments, along with requests for breast-awareness talks.

Croydon Health Services: A Nurse-led Service for Cancer Patients
The nurse-led service increased autonomy of specialist nurses who have the ability to admit, assess, discharge and refer. This has contributed in reducing lengths of stay, saving 1,340 bed days, prevented an estimated 670 emergency department attendees, reduced hospital admission and improved patients’ experience.

Mid Yorkshire Hospitals Trust: End of Treatment Nurse-led Clinic for Gynaecology Oncology Patients
The service supports women to identify and address concerns at the end of treatment and equips them to deal with the future. It allows stratified follow-up of early endometrial cancers, promotes self-management and has prevented them having five years of medical follow-up.

St Richard’s Hospice and University of Worcester: Helping Student Nurses be the Best That They Can Be
The hospice has developed and delivered a multidisciplinary educational programme that is available to all final-year student nurses. The students apply to attend and are offered two full educational days with taught sessions and a minimum of one clinical placement day.

The Newcastle Upon Tyne Hospitals FT: One Chance to Get it Right: A Model for Paediatric Palliative Care
It is recognised that most families would prefer their child with palliative care needs to die at home. The paediatric oncology outreach nurse specialist service provides a 24/7 expert outreach service, enabling 84% of patients to die at home, compared to the national average of 22%.

Velindre Trust: Developing A Person-Centred Care Pathway for Cancer Patients with a Learning Disability
The trust developed a bespoke programme of support, information and resources for patients with a learning disability within the oncology speciality. The development of this resource for each department within the cancer centre has contributed to educating all staff.

This holistic, patient-focused service empowers people with cancer to self-manage and move forward. It was established to provide a step-by-step approach to living with and beyond cancer, preparing patients and carers with tools and opportunities that can enhance their recovery, and improve their ability to tackle the future. The services are available in the community and focus on wellness — not illness. They include: physical activity classes and signposting to other activities to aid recovery from the negative effects of cancer; a self-management course and educational programmes to empower patients to take control of their illness; and psychological support to help patients and families cope with the diagnosis.
The Safer Wards project aimed to increase the safety of patients with mental health needs, specifically aiming for a 20% decrease in violent incidents on the three wards in City and Hackney, and Newham. The multidisciplinary team used quality improvement methods to test and implement a number of changes and better understand the issues underlying the problem, and plan a service improvement that would be feasible within financial and resource constraints. The project led to violence reducing by 47%, days between staff injury reducing by 65%, and staff sickness reducing by 35%. The project is now being applied to support teams across the organisation to tackle complex quality issues.

**Finalists**

**Blackpool Teaching Hospitals FT:** Support, Education and Innovation from the Care Home Support Team

This patient-centred, community-based service supports care home residents remaining in their homes and provides proactive care planning for those residents at increased risk of hospital admission. The service promotes quality end-of-life care, and provides training and support for care home staff in pressure ulcer prevention, falls and catheter care.

**Cwm Taf University Health Board:** Drink a Drop - Patient Hydration: Everyone’s Responsibility

Hydration of patients on wards is often seen as the responsibility of nurses. This initiative engaged members of the multidisciplinary team and patients’ relatives in taking mutual responsibility for ensuring patients receive regular drinks. This not only improved hydration, but had unexpected positive outcomes for patients and staff.

**Norfolk County Council and Norfolk Community Health and Care Trust:** Harm Free Care

The purpose of the Harm Free Care project was to enable care home staff to reduce harm experienced by service users from three conditions: pressure ulcers; falls and urinary tract infections in patients with a catheter. An assessment tool, care bundle and face-to-face training was delivered and piloted in care homes across Norfolk.

**Nottinghamshire Healthcare FT:** Reducing Pressure Ulcers in Vulnerable Care Home Residents

People living in care homes are often at risk of developing pressure ulcers, but the training and support for care home staff is limited. A bespoke training package and support mechanism was developed, empowering care home staff and resulting in a reduction in incidence and improved quality of life. The training packages are being rolled out to other CCG areas.

**Southern Health and Social Care Trust:** The Acute Care at Home Team for Older People

This multidisciplinary team focused on maintaining older people at home in the event of an acute illness or unexpected deterioration in health. The service started in September 2014 and provides triage, assessment, diagnosis and treatment as an alternative to inpatient care. It saved more than 1,100 bed days in the acute hospital to the end of March 2015.

**Spectrum Community Health CIC:** Care and Recovery for Older Patients Misusing Alcohol

Spectrum’s Alcohol Liaison Service developed the recovery project to provide targeted care for older patients admitted to hospital with alcohol-related illness. Patients who may be vulnerable or reluctant to engage with recovery services are helped to understand the harmful effects of heavy drinking, and supported through detox and recovery.

**Telford and Wrekin Clinical Commissioning Group:** Come Snack With Us

The Shropshire Nutrition and Hydration Group challenged care homes to improve hydration and nutrition for residents with dementia by developing snacks/finger food that was appealing and wholesome, rather than just resorting to cakes and biscuits. Finger foods are useful for people who are not eating three meals a day or who leave the table at mealtimes.
Since the service began in May 2014, the team identified a significant number of young people who were presenting regularly in emotional crisis with high-risk behaviours often within a diagnosis of, or symptoms suggestive of, emerging borderline personality disorder. They were often admitted as inpatients. The initiative aimed to encourage young people to collaborate in developing their own care plans incorporating community CAMHS care, crisis management and elective admissions prior to crisis occurring to help build resilience and promote recovery. Results have been significant, with young people turning their lives around and working with the team to develop the project further.

Finalists

Birmingham Community Healthcare Trust: Sandwell School Nurses - The Right Support for Every Child
The team ensures all school-aged children in Sandwell have access to school nursing regardless of educational provision. It takes the service where it is needed instead of expecting clients to come to them. It provides a vital link for those such as migrant/travelling/home-educated families.

Coventry University: Young Carers – Their Future in our Hands!
Young carers are entitled to equal access to higher education. Coventry University collaborated with young carers in Coventry to give them the opportunity to sample a taster day on careers in healthcare. A dual perspective was also achieved: attendees learned essential caring skills to support them in their caring role.

North East Lincolnshire CAMHS: Innovative CAMHS Redesign Structure
Redesigning NEL CAMHS by introducing specific pathways and an untiered, 24/7 service has meant children, young people and families receive a more effective, timely and seamless service that is excellent value for money, meets the local population’s needs, reflects national demands and is reducing inpatient admissions.

South London and Maudsley FT: Supported Discharge Service (SDS)
This team delivers intensive community treatment by engaging adolescents who experience acute mental health crises. Integrating school support, home treatment and day hospital to achieve young person-centred goals, SDS is the first UK alternative to inpatient care with an evidence base and international following.

Tees, Esk and Wear Valleys FT: Child Adolescence Mental Health
Scarborough Ryedale and Whitby – Therapeutic Art Project Engaging Young People and Families into Children’s Mental Health Services
The project was developed with the service user group for young people, including parents. Collaborative and creative working resulted in three short animated films.

The Newcastle upon Tyne Hospitals FT: JUST QUIT
The initiative engaged hard-to-reach emotionally challenged young people in smoking cessation at school in a familiar environment. They designed and planned the room to encourage engagement, and offered one-to-one support. This was a multi-agency approach with the school nurse and smoking adviser.

Sponsored by
Temporary workers are a vital part of our workforce and we value them as much as we do our permanent staff. We see teamwork as encompassing flexibility, reliability and a supportive attitude together with a commitment to providing excellent patient care.

Rachel Bellamy - University Hospital Southampton NHS Foundation Trust

Proud sponsors of the Rising Star Award
Winner

Helen Calveley, Wirral Community Trust

Helen Calveley is a community staff nurse who, over the past year, has tested a number of changes in practice to leg ulcer management, looking at the compression bandages used and considering how changing them could impact the patient and affect healing. Her work identified changes to practice, which meant that assessments took less time to complete, were more dignified for patients and patients experienced less pain. In 2013, she took the lead for the team for completing the End of Life Care Assessment and Management Audit, assessing compliance with end-of-life care standards and in 2014, she took part in a trial to increase education of care homes about pressure ulcer prevention.

Finalists

Sally Bowskill, Your Healthcare CIC
Your Healthcare is a learning organisation, striving to equip staff to develop, learn and lead innovation in the provision of patient-centred health services. Although only qualified for one year, Sally’s personality and level of competence ensure she will grow and develop as a practitioner and leader.

Fernando Castillo, Barchester Healthcare
Fernando has a busy job, which involves managing care for 41 residents and leading 10 to 15 staff on a shift, which he carries out with humour and competence. His personal standard of striving for excellence is understood and respected by directors, staff and relatives.

Rebecca Kenny, Imperial College Healthcare
Creating an enabling environment where staff and patients feel valued and able to affect change has been a key driver for Rebecca. In particular, her recent work to review the effectiveness of intentional rounding has been grounded in co-production principles.

Daniel Lucy, Pennine Care FT
Daniel uses every opportunity to extend his knowledge and skills to ensure he provides seamless support for children and young people. Daniel has risen to challenges and has flourished in his role. He has taken real initiative in terms of becoming a young carer champion and a sexual health champion.

Jessica McGreevy, Four Seasons Healthcare
Jessica is a dementia care trainer with FSHC, responsible for the dementia educational needs of staff from 80 care homes in Northern Ireland and the rest of the UK. She is also responsible for developing dementia education in NI undergraduates.

Rachael McGuinness, Southwark Team for Early Psychosis (STEP)
Rachael is a community psychiatric nurse/care co-ordinator in a multidisciplinary community mental health team. She successfully applied for additional funding for the STEP social group in 2014 so service users could participate in a range of social activities.

Jenny Mills, Northern Health and Social Services Trust
Jenny has grasped opportunities to profile the learning disability nursing profession in Northern Ireland. She has actively sought involvement in, and contributed to, the development of the Northern Ireland Action Plan and presented at regional events and conferences.

Sarah Williams, Royal Blackburn Hospital
Sarah was nominated for this award by a patient who was impressed with her care. He stated that she encompassed all aspects of the 6Cs and that she was a positive influence on those around her. He said her dedication and compassion embodied the best of nursing.

Sponsored by

www.nursingtimes.net

Nursing Times Awards 2015 11
Your revalidation remedy

With the new Learning Passport, you can record and store all your Nursing Times Learning, other CPD events and revalidation activities in a single place.

Exclusive to Nursing Times subscribers.

Subscribe to Nursing Times today
nursingtimes.net/subscribe
nursingtimes.net/learning
Aneurin Bevan University Health Board: Implementing the Dignity and Toileting Continence Care Bundle; Improving Practice in Ward Settings

The team implemented a dignity, toileting, and continence care bundle to improve practice in ward settings. This proactive action project facilitated better toileting and continence care practices. The team conducted ward visits, observations, and discussions, and offered SBAR feedback and best practice.

Calderdale and Huddersfield FT: Intermittent Catheterisation – The Real Alternative

The nurse-led redesign of an existing service providing an initiative to promote continence. It has demonstrated multiple impacts on nursing care; clinical effectiveness; patient outcomes; efficiency; training and professional development; and the tertiary sector, as well as a 66% reduction in the number of indwelling catheters used on one ward.

Cwm Taf University Health Board: Bridging the “Catheter” Gap

Centralised continence nurse prescribing allows for timely clinical review and intervention, improves concordance, minimises harm and increases compliance for the patients with bladder/bowel dysfunction, and easy access to specialist nurses. One patient shared that she felt trapped in her own home for six years until the service gave her access to the more appropriate product.

Liverpool Women’s FT Hospital: Walk In, Walk Out Wrinkle-free Bladders

Botox is a recognised treatment for detrusor overactivity; it’s injected into the bladder muscle via a cystoscope. This procedure was performed in theatre with general anaesthetic by a doctor. A service was established offering this treatment in an outpatient setting undertaken by a nurse using local anaesthetic. This is a cost-effective treatment and has improved patients’ experience.

Wirral Community Trust: Community Trial without Catheter Service

This project was driven following patient feedback, which therefore enabled a change in clinical practice by transferring the delivery of the care locally. The pathways developed in collaboration with secondary care provided evidence-based care. The model ensured clinical and cost-effective care by reducing the number of catheterised patients, infections and hospital episodes.

BD Passport (www.ibdpassport.com) is a nurse-led, non-profit, evidence-based travel resource, developed to reduce the risk of travel-related illness by improving education and awareness of travel issues for inflammatory bowel disease patients. This resource addresses an unmet need of the IBD population and has been positively evaluated by users. This information would otherwise be unavailable for patients or difficult to understand. The site includes an interactive map of country-specific travel advice, including a global directory of IBD centres to enable easy specialist referral, practical information for travelling with IBD and specific information for the immunocompromised traveller.

Royal Free Hospital FT: IBD Passport – Evidence-based Online Resource for Travelling with Inflammatory Bowel Disease

This project used a different model of working by performing a continence assessment within a holistic needs assessment. It avoided the need to be referred onto another service and enabled responsive care and advice from the patient’s first contact with a healthcare professional, enabling timely access to information, appliances and products.

Winner

Royal Free Hospital FT: IBD Passport – Evidence-based Online Resource for Travelling with Inflammatory Bowel Disease

Finalists

Aneurin Bevan University Health Board: Implementing the Dignity and Toileting Continence Care Bundle; Improving Practice in Ward Settings

Calderdale and Huddersfield FT: Intermittent Catheterisation – The Real Alternative

Cwm Taf University Health Board: Bridging the “Catheter” Gap

Wirral Community Trust: Community Trial without Catheter Service
Clinical research nursing

What you do today, creates a better tomorrow...

If you believe that nursing is about making a real difference to patients’ lives, then clinical research nursing can provide a stimulating and rewarding career pathway.

As a clinical research nurse, you spend quality time with your patients, helping them to extend their treatment options, understand their condition better, and take more control of their care.

And by contributing to clinical research, you’re making sure the NHS can meet the challenges of the future, by providing vital evidence on “what works”, so we can keep improving treatments for patients.

The National Institute for Health Research supports thousands of clinical research nurses in the NHS - helping them to develop their skills and further their careers through research.

www.nihr.ac.uk/our-faculty/clinical-research-nurses.htm
Bradford Teaching Hospitals FT and the University of Bradford: An Innovative Model of Clinical Research Education for Undergraduate Nurses

An educational package focused on clinical research with clinical placements. Taught sessions are interactive, building on knowledge year-on-year.

Clinical Research Network: Yorkshire and Humber, Sheffield Teaching Hospitals FT and Doncaster & Bassetlaw Hospitals FT: True Collaborative Working between Trust and CRN

The nurses collaborate to actively support research and increase research awareness.

James Paget University Hospital FT: #WhyWeDoResearch Campaign

#WhyWeDoResearch is a global campaign about raising research awareness and opportunities for patients, public and staff. It aims to provide everyone involved with an opportunity to say why they do what they do.

Leeds Teaching Hospitals FT: “The Big Front Door” – Creating a Research Triage Service in the ED

The research nurse within the ED develops a triage service to ensure the individual patient pathway is matched to available research studies, and refers patients into the care of teams across the trust, 24/7.

NIHR Clinical Research Facility, The Newcastle Upon Tyne Hospitals Trust: Child’s Play – Delivering Early-phase Clinical Trials for Children

A dedicated paediatric area provides a safe, comfortable space for children taking part in early-phase clinical trials, increasing the number of studies offered to children.

NIHR CRN, Dendron Specialty: The National Rater Programme

This programme develops nurses as competent, confident raters to support dementia studies and place the UK at the forefront of dementia research and develop advanced assessment skills to use in research and clinical practice.

Salford Royal FT: The Citizen Scientist Project

The Citizen Scientist Project (www.citizenscientist.org.uk) is an innovative initiative aiming to raise awareness and understanding of clinical research, improve public access to research opportunities and recruitment to clinical trials.

The Evelina London Children’s Hospital at Guy’s & St Thomas’ FT: Good Clinical Practice Light – Empowering Nurses and Improving Patient Research Care

Good Clinical Practice Light empowers staff and is an innovative way to engage them in research.

University Hospitals Bristol FT; Royal Cornwall Hospital Trust and University Hospital Southampton FT: Fundamentals of Research Nursing

Multiple trusts collaborated to develop a training package to ensure all nurses have a fundamental level of understanding about research.

The team has developed proven strategies for recruitment and engagement of volunteers, and has formalised this with the development of a volunteer-centric nursing model. This model facilitates diverse volunteer engagement, increases accessibility to research and standardises practice while ensuring appropriate and sensitive use of research funding. This approach has resulted in the positive engagement of traditionally hard-to-reach volunteer populations, including teenagers and young adults, working-age volunteers – especially those working business hours, those with caring responsibilities – for example young children, and people without access to transport.

Sponsored by

National Institute for Health Research

www.nursingtimes.net
Leadership and a culture of compassion: A winning combination

Whether you’re already in a leadership position, you want to feel more empowered in your role or you simply want to do more to champion compassionate patient care, we have the right development option for you.

We’re helping to build a community of nurses ready to meet the challenges faced by the NHS and health care providers. Our impact is already being felt across the system, with the next generation of nurse leaders making a difference to their teams, organisations, and most importantly, patients and carers’ lives. We work with national bodies, including patient representatives, to ensure that exemplary leadership – delivered with compassion and care – stays firmly on the agenda.

To find out how we can support you and your organisation, visit www.leadershipacademy.nhs.uk

Congratulations to all of tonight’s entrants
Sarah developed a “meet and greet” service, where staff introduce themselves to each patient and their family on admission to the elderly care unit. Staff learn about the patient’s likes and dislikes so that a high standard of care in areas such as nutrition, hydration, falls, pressure ulcers and dementia is delivered as required.

Sarah inspires and motivates a team of nurses and care support workers with her compassion for older people, and she is a true role model. Sarah has the courage to challenge practice and ideas to ensure the best is achieved but at all times encourages her team of nurses to challenge back, enhancing new ideas and initiatives they bring forward.

**Finalists**

**Gail Disney-Ridge, Lancashire Care FT**
Gail joined as the team manager of the Single Point of Access in October 2013 and brought six teams together as one, and then worked collaboratively with the consultants. She then started on the journey of changing the service to the Assessment and Treatment Team. In June 2014, the trust launched its ATT and this service has gone from strength to strength.

**Carol Green, Northern, Eastern and Western Devon CCG**
Carol always does the right thing for the patient – she is a true advocate for the patient. She has dedicated her whole career to nursing and has become an expert in her field. Her support to patients and their families goes above and beyond just being about work and she will go out of her way to make a difference to the patient’s experience.

**Victoria Lee, HC One**
Vision – and the ability to motivate others to share this vision – has demonstrated Victoria’s excellent leadership skills. With a passion for individualised care and an ethos of leading by example, Victoria demonstrates her compassion for not only extending the life of the individual but enhancing the years in their life, which provides a high standard of nursing care that should be acknowledged.

**Elizabeth McGinnis, Leeds Teaching Hospitals Trust**
Elizabeth was nominated for her work as a manager, researcher and educator, working tirelessly to improve the experience of patients with wounds or those at risk of developing wounds. She is a leader, innovator and inspiring role model in her field, as well as nursing in general, and helps her staff to realise their full potential.

**Debi McKeown, South Tees Hospitals FT**
A nursing sister in therapeutic care, Debi was asked to look at how to manage patients who required one-to-one enhanced supervision, without increasing agency spend. She came up with a plan to work with volunteers, and worked with students from the local university and the job centre to find people keen to gain experience in healthcare.

**Julie Morcombe, Sheffield Children’s Hospital FT**
Julie displays the highest standards of professionalism that one wants to see in nursing. She has been nominated for this award by her colleagues who, for 30 years, have seen her strive to improve standards in emergency paediatrics through strategic planning, change management, and her generous and consistent leadership style.

**Stephen Mylchreest, North East London FT, Interact**
Interact is an outreach crisis prevention/resolution service for adolescents with mental health needs based on rapid response, individual and family-led engagement and interventions. Creating a cohesive approach has had a massive impact. “I cannot begin to describe how you changed my life; you have literally been my saviour,” said one service user.

**Sponsored by**

[Leadership Academy](www.nursingtimes.net)
JOIN THE BEST

The UK’s leading framework-approved medical recruiter, ID Medical has already placed agency nurses in over 159,000 shifts this year.

5,000 UK NURSING JOBS AVAILABLE DAILY

Award-winning, multi-discipline healthcare recruiter ID Medical provides all candidates with a dedicated specialist recruitment consultant who does more than just find you agency work; they will get to know you, understand what you want from your career, where you wish to work and what’s important to you. This true partnership approach is why so many agency nurses work for ID Medical.

www.id-medical.com | 01908 55 22 95

COMPETITIVE PAY RATES
JOBS IN HOSPITAL LOCATIONS OF YOUR CHOICE, ACROSS THE UK
LONG AND SHORT-TERM JOBS FROM ONE DAY TO ONE YEAR
A PERSONALISED RECRUITMENT SERVICE
LUCRATIVE REFERRAL SCHEME
SUPPORTING YOUR CAREER WITH CPD ACCREDITED COURSES
FACE TO FACE COMPLIANCE INTERVIEWS AT A PLACE CONVENIENT TO YOU
OUTSTANDING DAILY PAYROLL MANAGEMENT PAID ON TIME EVERY TIME
FRAMEWORK APPROVED CCS, HTE AND LPP
WORLD-CLASS APPRAISAL AND REVALIDATION SUPPORT

ID Medical is proud to sponsor this year’s Emergency and Critical Care Award
Croydon Health Services: Creating a Safe, Dementia-Friendly Area in the Emergency Department

After listening to feedback on how the environment can lead to distress and disorientation for people with dementia, the team created an improved and safer experience for patients with dementia and their families.

Frimley Park Hospital: Relieving the Pain of Fractured Ribs

Older patients with fractured ribs had protracted admissions as they are prone to developing pneumonia. A fractured rib pathway reduced length of stay, providing a framework of care from analgesia that includes regional anaesthesia to patient placement and early physiotherapy.

Kent and Medway Social Care Partnership Trust: A&E Alcohol Service

The service identifies people who are drinking harmfully, but do not realise they are doing so. Of those seen, 75% have been referred to local alcohol services and are still engaging, reducing the numbers of alcohol-related incidents and repeat hospital attendances.

Lancashire and South Cumbria Critical Care Network & Lancashire Teaching Hospitals FT: Protected Sleep Time in Adult Critical Care

The trust has successfully embedded protected sleep time across critical care units through increasing staff awareness using a novel infographic video and interactive poster.

Leeds Teaching Hospitals Emergency Department: The Big Front Door – Developing a Research Triage Service in the Emergency Department

The research nurse within ED triaging patients to research programmes has resulted in huge increases in ED recruits, an increase in co-adopted trial recruitment and five trials opened.

Northern, Eastern and Western Devon CCG, South Western Ambulance FT and Plymouth Community Healthcare: Robin Community Assessment Hub

The local NHS worked in partnership with the ambulance trust to provide an alternative front door to the acute hospital emergency department.

The group provides support, advice and helps the trust gain insight into the patient’s experience. This helps the team to change practice for the better. The benefits are multiple. The group supports patients and relatives. There are emotional and psychological benefits, with speakers having the opportunity to ask many questions. Each meeting, a member of the research team lets them know what is happening, in the trust and worldwide, with regards to subarachnoid haemorrhage. There are educational benefits for all concerned, including ward/intensive care staff. From discussion with patients and families, it highlighted a need for specialist nurses in this area, and a business case is being put forward for this.

The Pennine Acute Hospitals Trust: The Simulation Team and the Critical Care Team Critical Care Simulation – A Multi-professional Team Approach to Training to Increase Patient Safety

A simulation programme based on clinical incidences focused on safety, multidisciplinary collaboration and leadership skills.

The group provides support, advice and helps the trust gain insight into the patient’s experience. This helps the team to change practice for the better. The benefits are multiple. The group supports patients and relatives. There are emotional and psychological benefits, with speakers having the opportunity to ask many questions. Each meeting, a member of the research team lets them know what is happening, in the trust and worldwide, with regards to subarachnoid haemorrhage. There are educational benefits for all concerned, including ward/intensive care staff. From discussion with patients and families, it highlighted a need for specialist nurses in this area, and a business case is being put forward for this.

Finalists

Croydon Health Services: Creating a Safe, Dementia-Friendly Area in the Emergency Department

After listening to feedback on how the environment can lead to distress and disorientation for people with dementia, the team created an improved and safer experience for patients with dementia and their families.

Frimley Park Hospital: Relieving the Pain of Fractured Ribs

Older patients with fractured ribs had protracted admissions as they are prone to developing pneumonia. A fractured rib pathway reduced length of stay, providing a framework of care from analgesia that includes regional anaesthesia to patient placement and early physiotherapy.

Kent and Medway Social Care Partnership Trust: A&E Alcohol Service

The service identifies people who are drinking harmfully, but do not realise they are doing so. Of those seen, 75% have been referred to local alcohol services and are still engaging, reducing the numbers of alcohol-related incidents and repeat hospital attendances.

Lancashire and South Cumbria Critical Care Network & Lancashire Teaching Hospitals FT: Protected Sleep Time in Adult Critical Care

The trust has successfully embedded protected sleep time across critical care units through increasing staff awareness using a novel infographic video and interactive poster.

Leeds Teaching Hospitals Emergency Department: The Big Front Door – Developing a Research Triage Service in the Emergency Department

The research nurse within ED triaging patients to research programmes has resulted in huge increases in ED recruits, an increase in co-adopted trial recruitment and five trials opened.

Northern, Eastern and Western Devon CCG, South Western Ambulance FT and Plymouth Community Healthcare: Robin Community Assessment Hub

The local NHS worked in partnership with the ambulance trust to provide an alternative front door to the acute hospital emergency department.

Sponsored by
Congratulations to all of this year’s finalists!

Barchester Healthcare is an award-winning care provider with locations across the UK.

We offer free training leading to recognised qualifications and guaranteed career progression, across a wide range of roles.

If you’d like to join our team, please get in touch:
Call 01608 645 831 for a chat,
or email recruitment@barchester.com
www.barchesterjobs.com
Winner

Aneurin Bevan University Health Board: “Please Don’t Judge Me” – Nurses promoting respect, privacy and dignity for vulnerable prisoners

This project transformed healthcare for prisoners in HMP Usk/Prescoed, from a service in crisis to one where prisoners receive dignified care by skilled staff, feel safe and respected, and where they show respect to staff and each other. Improvements in healthcare delivery at HMP Usk/Prescoed are ongoing. However, to date, the team has made a significant difference to the prisoners in their care. They are now treated in a non-judgemental way, with dignity, and consultations are held in private. Patient satisfaction surveys show an increase in satisfaction from 34% (2011) to 87% (2014). Patient complaints have reduced from approximately eight per month in 2011, to zero in the past four months.

Finalists

Aneurin Bevan University Health Board: Implementing the Dignity and Toileting Continence Care Bundle: Improving Practice in Ward Settings

This proactive action project facilitates better toileting and continence care practices. The team conducted ward visits, observations and discussions, and offered SBAR feedback as well as best practice recommendations.

Enfield Community Services hosted by Barnet, Enfield and Haringey Mental Health Trust: The Care Homes Assessment Team (CHAT) – Improving the Lives and Deaths of Residents in Care Homes

CHAT supports GPs and care homes with complex residents. In 2014-15, admissions to hospital reduced by 5%, A&E attendances by 21% and falls by 5%.

Imperial College Healthcare Trust: The Dementia Care Revolution – Empowering Patients, Carers and Staff to Work in Partnership

Imperial has been working with John’s Campaign to improve hospital care for people with dementia. As part of the scheme, it has launched carers’ passports, carers’ clinics, pre-assessment packs, social eating initiatives and massage.

Kent Community Health FT: End of Life Care Training Team – Improving Dignity in Care

The team has developed a training package and competency framework to improve end-of-life care, training 850 staff and assessing 950 competencies. An online training programme on advance care planning can be accessed by health professionals and the public.

Northumbria Healthcare FT: Dignity in Practice – Our Shared Purpose

This programme changes care by aligning work of corporate services with clinical teams, providing a response to national directives for safe and compassionate care for older people. Quality of care has improved, and staff are well equipped to understand patients who have dementia and delirium.

Nottingham University Hospitals Trust: The Patients’ Voice in Theatres

The trust set out to obtain personal feedback directly from patients to theatre nurses about their perceptions of the quality and safety of care provided in theatres around the time of their surgery. Theatres have collected more than 1,000 patients’ feedback from April 2014 to January 2015, which is shared with staff.

St Gemma’s Hospice & Green Acres Nursing Home, Leeds: New Model to Provide Enhanced End-of-life Care in a Nursing Home

The hospice is leading a pilot to commission end-of-life beds. Benefits include: learning from partnership working; high levels of user satisfaction; improved care for all residents; aided identification of potential future models.

The Dudley Group FT: The Learning Disability Strategy

People with learning disabilities worked with the team to develop the strategy and took part in developing and implementing a staff training programme to ensure access to safe, appropriate care for people with learning disabilities. A number of resources were introduced, including a learning disability toolkit.

Sponsored by

Barchester
Celebrating life
Oxleas NHS

Our staff say we’re one of the best trusts to work for in the country... so come and join our award winning nurses

We’re recruiting Band 5 nurses

For our latest jobs visit: oxleas.nhs.uk/working-at-oxleas or call 01322 625900

Improving lives
oxleas.nhs.uk
Derby Hospitals FT: Benefits of Enhanced Education and Monitoring of Environmental and Equipment Cleanliness within an Acute Trust Setting

The purpose of this initiative is to improve environmental and equipment cleanliness within the organisation by increasing staff knowledge of the importance in reducing healthcare-associated infection and to ensure staff are aware of how to use the different products correctly and effectively. Following a 12-week period of training and monitoring using ATP, a 91% reduction in bio burden was identified.

Derby Teaching Hospitals FT: Benefits of a Structured Organisational Approach to the Management of Infection Prevention and Control in an Acute Setting

By ensuring that the whole hospital team are involved in any infection control incident, it can reduce the impact of the incident from the patient through to the local health sector. This project sees use of a locally invented product in line with great communication and sound infection control practice resulting in huge reductions in bed closures and lower infection rates.

Royal Brompton & Harefield FT: Surgical Site Infection (SSI) Bridging the Gap: Acute to Community Care with Improvements in Infection Prevention Practices

Patients and community carers champion this surveillance project to link infection prevention in acute and community care. A nurse-led “Photo at Discharge” combined with a novel information system for microbiology and antimicrobial therapy demonstrates a fivefold reduction in readmission for SSI, and a targeted improvement in wound and therapies management.

The Royal Orthopaedic Hospital FT: Implementing a Rapid-access Clinic and Wound-care Helpline for Suspected Surgical Site Infections (SSI) at a Specialist Orthopaedic Trust

A dedicated phone line and immediate access to nurse-led clinics led to 100% of patients reporting the advice they received was reassuring and helpful. This reduced pressure on GPs, prevented prescription of “just in case” antibiotics and enables surgeons to know patients are well cared for even after discharge. It improves outcomes and antimicrobial stewardship for the wider community.

Somerset Partnership FT: Implementation of a Urinary Catheter Free Inpatient Service (Implemented across 13 Community Hospital Inpatient Areas)

The IPC team led the implementation of catheter free inpatient service. Training was provided, piloted and then spread; 159 patients in total were assessed using ATP, a 91% reduction in bio burden was identified. Nursing staff have led the professional challenge to the continued requirement for this type of indwelling device.

There has been a long-established partnership between Zalau Emergency Hospital in Romania and UK healthcare staff facilitated by Medical Support in Romania (MSR), registered as a UK charity. The initiative has focused on several priority areas. These included hand hygiene, infection prevention education, improvement methodologies, clinical governance and audit. The trust has been able to offer support through training programmes, sharing policies and guidelines, encouragement and advice, including publishing and distributing 1500 copies of a free infection control book across Romania, where it has gained national recognition.

Sponsored by

Oxleas NHS

University of Greenwich
IMPROVING STAFF EXPERIENCE

How staff feel when they are at work is key to the successful delivery of high-quality patient care. Evidence shows us that having engaged, healthy staff leads to increased productivity and an overall happier workforce.

NHS Employers produces a range of practical resources to support NHS managers and organisations to improve staff experience; why not take a look at our:

- managing sickness absence resource
- emotional wellbeing toolkit
- creating healthy NHS workplaces toolkit
- guidance on preventing stress in the workplace
- tips for improving staff engagement.

Find out more at www.nhsemployers.org/healthyworkforce
Nottingham University Hospitals: Shared Governance

NUH embraced shared governance in 2012, and is proud of its bedside to boardroom leadership model. NUH’s nurses and midwives engage in quality improvement through unit practice councils. They are given protected time to share decision-making with their managers and are empowered to improve staff and patient experience. Shared governance changes the organisational culture, brings decision-making to frontline clinical staff and offers career development. Staff have collective ownership to improve practice, ensuring patients receive safe and confident care. It is a process of devolved nursing management that places staff councils at the centre of the decision-making process.

Blackpool Teaching Hospitals FT: You Don’t Seem Yourself!
This system was set up to support members of staff who are victims and raise awareness of the impact of domestic abuse and improve health and wellbeing. It aimed to take a pastoral approach, not a disciplinary one, and offered bespoke packages of support.

Camden and Islington FT: Change and Inspire Health and Wellbeing Programme
Change and Inspire launched in summer 2014 to increase staff engagement. More than 20% of staff have engaged in just over one year, including for stress management, on-site activity classes, and a health and wellbeing annual event.

Croydon Health Services Trust: Listening into Action (LiA)
CHS has pioneered Listening into Action, a staff empowerment and engagement initiative to strengthen the voice of nursing within the organisation. It has sought to embed nurses on every one of its work streams to engage staff around improving care for patients and working lives.

First Community Health and Care: A Menu of Clinical Supervision
An innovative and flexible approach to clinical supervision has accommodated different work settings and individual learning needs and styles. It enabled staff to link clinical supervision with learning and development, and provided them with a safe place to reflect and develop.

First Community Health and Care: Staff Engagement
First Community believes that happy staff means happier patients. The experience staff have working in First Community is extremely important. The company has harnessed a range of initiatives to engage staff and improve their wellbeing.

Gateshead Health FT: Excellence in Nursing Everyone Realising Great Innovations (ENERGI)
The ENERGI team empowered staff to make changes within their workplace. A shared leadership approach promoted staff engagement levels and included using a PDSA change model, creative ideas and peer feedback.

London North West Healthcare Trust: Health Visiting Workforce Clinical Academic Hub
Achievements include improved staff experience through professional development and career progression, improved recruitment and retention, research activity, publications, innovative roles and resource development.

Pennine Care FT: Implementation of a New Staff Wellbeing Service (SWS) to Provide Psychological Support for NHS Staff
The SWS was launched in September 2014, offering a range of psychological support for staff experiencing difficulties such as stress, anxiety and depression. It has been highly successful.

Finalists

Sponsored by
The Royal College of Nursing proudly sponsors the Nursing Times Nursing in Mental Health Award 2015.

Congratulations to all of this year’s winners and nominees.

To find out more about the RCN and how we support nursing visit www.rcn.org.uk
Winner
Bradford District Care FT: First Response Service

This service has been set up to improve access to urgent mental health crisis care. A dedicated telephone number for referrals into mental health is available 24/7, 365 days a year. Trained psychological therapists answer calls and make telephone assessment and risk assessment. They provide interventions such as crisis de-escalation and distress tolerance strategies. They can arrange a face-to-face assessment from the team of first responders. The team are able to make referrals and signpost into other parts of the service and outside agencies. Intervening early and signposting to the right service reduces escalation and demand on the police and ambulance services, as well as A&E.

Finalists

Innovative methods were used to engage with this client group who are otherwise hard-to-reach, stigmatised, deprived people carrying out high-risk behaviours.

Leicestershire Partnership Trust/Leicester Probation Services: Inclusive IAPT working with Excluded Groups
This innovative model demonstrates that this excluded group of hard-to-reach, high-need people are willing to engage in treatment if provided in a setting in which they feel comfortable, they feel included and benefit psychologically.

NHS England: Keeping Vulnerable People Safe – A Sexual Safety Toolkit for Mental Health Services
The toolkits ensure staff are aware of their practice and care environment when engaging vulnerable individuals who could be at risk of sexual assault, either as victim or perpetrator. The format pulls together best-practice information.

Nottinghamshire Healthcare Trust: From Restraint to Release
The initiative reduced the hours our women spent in long-term segregation and improved their quality of community life. This is in line with the Department of Health’s publication Positive and Proactive Care. At the time of submission, we had successfully re-integrated three women.

Safety in MIND Collaboration: Safety in Mind – Cross-organisational Training to improve Patient Safety in Crisis and Restraint
This training bridges professions to improve patient safety in crisis and restraint through improved cross-sector communication, roles and responsibilities, risk in restraint and crisis management.

South West Yorkshire Partnership FT: Sound of Music – When Health, Social Care and Youth Justice Harmonise
This high-quality specialist forensic mental health service was designed to be more accessible and person-centred for high-risk and vulnerable young people who are involved with the criminal justice system.

University Hospitals of North Midlands: Integrated RMNs in Acute Setting
UHNM identified the need to provide a more enhanced and holistic approach of caring for patients in an acute hospital setting. An induction, education programme and competency document supports integration of registered mental health nurses into acute areas.

Sponsored by

www.nursingtimes.net
COULD YOU ROSTER OR PLAN YOUR WORKFORCE BETTER?

ROSTERING BACKED BY EXPERT GUIDANCE
Software backed by expert knowledge and training to deliver safe staffing within budget and against efficiency pressures without compromising care.

RESPONSIVE WORKFORCE MANAGEMENT WHEREVER YOU ARE.

HAPPY STAFF: ACCESS ROTAS, BOOK LEAVE AND BOOK BANK SHIFTS FROM ANYWHERE.

HOSPITAL AND COMMUNITY EXAMPLE SAVINGS FROM ONE HOSPITAL
Unavailability (extra spent) per annum £7.9 MILLION
22% headroom 26.3% extra spent per pa

£2.2 MILLION

Lost hours of care per annum 7.5m

Amount of avoidable additional duties created each month

info@allocatesoftware.com
The abdominal palpation in a nurse-led community vascular clinic has detected life-threatening aortic aneurysms in people who are not identified by the national screening programme. Aneurysms were found with people needing life-saving surgery, highlighting the need for more nurses to be trained in abdominal palpation when assessing vascular disease. Between April 2013 and April 2014, 15 people were referred to secondary care with a suspected abdominal aortic aneurysm (AAA); nine people were confirmed with an AAA, seven were subsequently placed on the trust’s AAA surveillance programme for regular review, and two underwent urgent open surgical repair.

Finalists

Isle of Man Department of Health and Social Care: Extending the Range of Services available to GRAIH (homeless charity) at Weekly Drop-in
The aim is to reduce the health inequalities that exist for homeless people by ensuring access to services for those people who are unable to cope with mainstream services.

Keele University, Staffordshire: Promoting Participation in Community Activities for People with Learning Disabilities
The team brought together a multidisciplinary health and social care team to work in co-production with people with a learning disability to develop a health toolkit.

Lancashire Care FT: “How are you Today?” COPD Self-management Strategy
These tools transformed the partnership with patients and carer, creating improved QOL, 12% reduction in admissions, 10% reduction 0-1 day admissions, 75% reduction LOS, 15% reduction in bed days and a saving of £437,085.

Liverpool Heart and Chest Hospital FT: Identifying and Improving End-of-life Care for Patients Living with a Non-malignant Disease (Chronic Obstructive Pulmonary Disease)
Improved identification has enabled seamless, holistic care to be delivered and has also significantly improved patients’ experience.

London North West Healthcare Trust: Development of the Post-natal Depression (PND) Wheel
The team developed a post-natal depression wheel to promote discussion about post-natal depression in mothers and fathers in a non-threatening and informative way. This unique resource is colourful and simple to use.

London TB Extended Contact Tracing Team (LTBEx) (Public Health England): A New Approach to Tackling TB in London
LTBEx aims to improve the prevention and control of TB in London using an innovative and cross-boundary approach, bringing together clinical and public health specialists.

Sussex Community Trust: Digital Pilot in Care Homes, Coastal Locality
This project piloted the use of a lower intensity of telehealth to assist in the early detection of signs and symptoms of patients suffering from a long-term condition within nursing/residential homes. The pilot resulted in a 75% reduction in hospital admissions.

The Christie Hospital FT: Systemic Anti-cancer Therapies in the Community
Patient experience has been improved by redesigning chemotherapy services to provide systemic anti-cancer treatments closer to patients’ homes, including in two primary care centres, eight hospital sites and a mobile unit.

Sponsored by

Allocated Software
Improving Healthcare through Nurse-Led Initiatives

The Burdett Trust for Nursing is an independent grant-making charity named after Sir Henry Burdett KCB, the founder of the Royal National Pension Fund for Nurses. Since it was founded in 2002 the Trust has made grants in excess of £22.5M to support the nursing contribution to healthcare. The Trustees target their grants at projects that are nurse-led and that empower nurses to make significant improvements to the patient care environment. Currently they focus their funding on three key areas:

- **Building nursing research capacity**
  Supporting clinical nursing research and research addressing policy, leadership development and delivery of nursing care.

- **Building nurse leadership capacity**
  Supporting nurses in their professional development to create a cadre of excellent nursing and allied health professionals who will become leaders of the future and foster excellence and capacity-building in advancing the nursing profession.

- **Supporting local nurse-led initiatives**
  Supporting nurse-led initiatives that make a difference at local level and are focused explicitly on improving care for patients and users of services.

To maximise the impact of their funding the Trustees work in partnership with other charities to deliver carefully targeted grant programmes. Currently the Trust’s funding partners are:

- Florence Nightingale Foundation
- Foundation of Nursing Studies
- International Council of Nurses
- Queen’s Nursing Institute
- Roald Dahl Foundation
- Winston Churchill Memorial Trust

To find out more about the Trust and its grants programmes please visit our website

www.btfn.org.uk
Devon Partnership Trust: Recognise, Respond and Rescue – Improving Practice to Reduce Falls
Having used the model for improvement to reduce falls by 30%, the Belvedere ward team used data to identify that falls were rising so they could respond quickly to the problem and rescue the situation.

Heart of England FT: Weekly Surveillance of Staffing and Harm Events as a Tool for Improvement
The tool addresses internal and external requirements for assurance around staffing, and triangulates staffing and harm events so it’s more than just measuring how many people are on duty.

Leeds Teaching Hospitals Trust: A Multidisciplinary Approach to Reducing Falls
Pilot wards have achieved up to 60 days between inpatient falls, a reduction in rate per 1,000 bed days from December 2013 to September 2015 from 13 to 7.4 and a reduction in prevalence from 5.2% to 2.2%.

Liverpool Heart and Chest FT: The “On Your Marks” Campaign begins Improvements to Reduce Hospital-acquired Pressure Ulcers
The trust achieved a 63% reduction in pressure ulcers and confidence that prevention strategies are an integral part of every patient’s care.

Nottingham University Hospitals Trust: Investigating and Following Up every Incident to Improve Patient Safety
Outcomes include reduced medication errors and pressure damage in critical care, reduced cancelled operations and improved pain control in major trauma.

Portsmouth Hospitals Trust: Hospital at Night Safety Improvement
After introducing Nervecentre, an electronic task-management system, an improvement in serious incidents has been realised, including a 100% reduction in out-of-hours adverse deaths and a 50% drop in red and amber incidents.

Royal Liverpool and Broadgreen University Hospital: Sepsis – Time is Life Project
The project aimed to improve early recognition and prompt treatment of sepsis. It has significantly improved patient safety by reducing preventable harm, mortality and length of stay.

University Hospitals of Morecambe Bay FT: To Reduce Pressure Ulcers on ICU by 50% in a Six-month Period
With new devices, more knowledgeable and better trained staff, and a new way of working pressure ulcer incidence, the trust saved 11.44 pressure ulcers per 1,000 bed days.

Sponsored by
Open for entries

The only awards exclusively for student nurses and nurse education!

Enter the Student Nursing Times Awards today to:

• Give your career and CV a major boost – stand out from the crowd
• Benchmark your achievements against your peers and other education providers
• Be in with a chance of being crowned one of the best nursing schools in the country
• Gain the recognition you deserve for your contribution to nurse education
• Highlight your commitment to the future of the nursing profession

Start your entry online today, visit:
studentawards.nursingtimes.net/advert

FOR SPONSORSHIP OPPORTUNITIES CONTACT
E: NTsolutions@nursingtimes.net
T: 020 3033 2925
Respiratory Nursing

Winner

University Hospital of South Manchester: Severe Asthma Service; A Severe Asthma Education Programme

Patients gained a greater insight into their disease and management strategies. Structured educational programmes run simultaneously alongside a relaxed informal session where patients can learn and share from each other’s experiences and gain support. Patients gain a greater feeling of control regarding their condition, make healthier lifestyle choices and have reduced feelings of isolation, which in turn serves to increase improvement in quality of life. A further purpose is to acquire improved control in asthma; through education and empowerment, better concordance to therapy is achieved affecting admission rates and, ultimately, avoiding unnecessary asthma deaths.

Finalists

John Taylor Hospice: FAB – Fatigue, Anxiety and Breathlessness Programme

FAB is a nine-week self-management programme created by hospice staff. It offers a “Taylor-made” holistic approach to small groups of people with chronic respiratory problems by providing a combination of education, peer support, exercise and relaxation.

Lancashire Care FT: “How are You Today?” Self-management Tools

This solution delivers positive outcomes for patients including self-management matched to individual needs and linking into clinical teams. It creates a genuine transformation in partnership with patients and carers, bringing about improved QOL, reduced bed days and admissions, and a saving of £437,085.

Lincoln County Hospital: Developing a Specialist-nurse-led COPD In-reach Service

This in-reach service has reduced length of stay by 2.53 days and re-admissions by 4.2 per month, resulting in an annual cost saving of £295,604.80. The rationale was to provide patients with the empowering service that they deserve; and a patient survey demonstrates this has succeeded.

Liverpool Heart & Chest Hospital – Knowsley Community Cardiovascular & Chronic Obstructive Pulmonary Disease Service: Merging Cardiovascular and Pulmonary Rehabilitation

Specialist multi-professional staff monitor patients and initiate appropriate treatments to ensure patient safety and facilitate early rehabilitation.

Queen Elizabeth Hospital Birmingham Respiratory Support Team: The COPD e-Bundle

An e-alert system directed respiratory physiotherapists and nurses (RST) to patients admitted with COPD, triggered by prescribing prednisolone and nebulised bronchodilators. An electronic COPD bundle aims to bridge the gap between primary and secondary care.

University Hospital Southampton FT and Portsmouth Hospitals Trust: WILD (Wessex Interstitial Lung Disease) Support Group

WILD has been established collaboratively with research and clinical staff for patients with interstitial lung disease, including rare lung diseases that currently have no cure. It has already had a positive impact on physical and psychological care.

West Hampshire CCG, Wessex Academic Health Science Network and National Institute for Health Care Research Collaboration for Leadership in Applied Health Research and Care (Wessex) Respiratory Theme One: Managing Complex Respiratory Patients in the Community

Patients with complex conditions were seen in their GP surgery by a multi-disciplinary team improving their care and developing practice team skills.

Wirral University Teaching Hospital FT: A Respiratory Nursing Perspective for Excellence – Development of Pleural Services

The nurse-led service facilitates an early review, sometimes on the same day, to ensure comprehensive clinical assessment, rapid therapeutic benefit for symptomatic patients, early diagnosis and an evidence-based follow on clinical management plan.
Shaping the Health & Social Care workforce of tomorrow. **Search and book your professional development online.** [lsbu.ac.uk/hsccpd](http://lsbu.ac.uk/hsccpd)

With LSBUs online CPPD portal, you can access dynamic information on module/courses AND book online at the click of a mouse.

**Brighter reasons to choose LSBU for your CPPD:**

- Access the most up-to-date information on our CPPD opportunities
- Easy search facility
- Specifically tailored for health sector employees, including: – Bands 1-4 workers – Nurses – Midwives – Allied health professionals – Managers – Social workers – Flexible pathways to meet your needs
Learning Disabilities Nursing

Winner

Betsi Cadwaladr University Health Board: A Specialist Dysphagia Team for Adults with a Learning Disability
A safe, sustainable nurse-led adult learning disability dysphagia service is evidence-based with an integrated care pathway. To date, 650 people have a dysphagia care plan in place and 2,000 carers have been trained following the inter-professional dysphagia framework.

Devon Partnership Trust: Transforming Care for People who have a Learning Disability – Improving the Safe and Optimal Use of Medication
The team wanted to ensure that medicine reconciliation was completed at the point of referral, pharmaceutical interventions were proactive and targeted to individuals with the greatest need, and service users and supporters had access to information.

Hywel Dda University Health Board: Check 4 Change
The team focused on an accessible programme of health education, co-produced with people with learning disabilities. It focuses on recognising illness and taking action, alongside screening, health checks and creation of health passports. Courses have been extended to carers and health professionals.

Keele University, Staffordshire: Making a Difference Together: Promoting Participation in Community Activities for People with Learning Disabilities
A multidisciplinary health and social care team worked in co-production with people with a learning disability to develop a health toolkit for use in primary and acute care contexts.

Leeds Teaching Hospitals Trust: Men’s Health Day Event
This event was developed and facilitated by men with a learning disability, supported by LTHT and working in partnership with other organisations. The event offered information and advice, enabling men with learning disabilities to identify health issues and share this information with others.

Northumberland Tyne and Wear FT: Alnwick Ward Clinical Team
The trust reduced the length of stay and increased discharge rates for patients. The process includes developing tailored service specifications; risk-management workshops; collaborative care planning; and managed leave, which then inform an individual transition plan for each patient. This has enabled collaborative working.

The Newcastle upon Tyne Hospitals FT: Josephine Visits New Croft
Commissioners identified a gap in sexual health for people with learning disabilities. Working collaboratively with community arts organisation Them Wifies, they developed ideas for a partnership approach to a sexual health service to improve access for women with learning disabilities.

Finalists

Betsi Cadwaladr University Health Board: A Specialist Dysphagia Team for Adults with a Learning Disability
A safe, sustainable nurse-led adult learning disability dysphagia service is evidence-based with an integrated care pathway. To date, 650 people have a dysphagia care plan in place and 2,000 carers have been trained following the inter-professional dysphagia framework.

Devon Partnership Trust: Transforming Care for People who have a Learning Disability – Improving the Safe and Optimal Use of Medication
The team wanted to ensure that medicine reconciliation was completed at the point of referral, pharmaceutical interventions were proactive and targeted to individuals with the greatest need, and service users and supporters had access to information.

Hywel Dda University Health Board: Check 4 Change
The team focused on an accessible programme of health education, co-produced with people with learning disabilities. It focuses on recognising illness and taking action, alongside screening, health checks and creation of health passports. Courses have been extended to carers and health professionals.

Keele University, Staffordshire: Making a Difference Together: Promoting Participation in Community Activities for People with Learning Disabilities
A multidisciplinary health and social care team worked in co-production with people with a learning disability to develop a health toolkit for use in primary and acute care contexts.

Leeds Teaching Hospitals Trust: Men’s Health Day Event
This event was developed and facilitated by men with a learning disability, supported by LTHT and working in partnership with other organisations. The event offered information and advice, enabling men with learning disabilities to identify health issues and share this information with others.

Northumberland Tyne and Wear FT: Alnwick Ward Clinical Team
The trust reduced the length of stay and increased discharge rates for patients. The process includes developing tailored service specifications; risk-management workshops; collaborative care planning; and managed leave, which then inform an individual transition plan for each patient. This has enabled collaborative working.

Sponsored by

London South Bank University

www.nursingtimes.net
IT’S AN HONOUR TO BE PART OF THE 2015 NURSING TIMES AWARDS

We are proud to support the ‘HRH The Prince of Wales Award for Integrated Approaches to Care’ and delighted to announce Teenage Cancer Trust as the overall winner.

In a category with such exceptional entries, the overall winner demonstrated how specialist nursing has overcome many challenges to now provide complete integrated and holistic support to all young people within the North East of England.

When it comes to caring for people, you know what’s needed most: someone who understands. Because that’s who you are.

You see people, not patients - with their own hopes and concerns. You know that the moments that matter most are the moments when you can make a connection. That’s why you chose your profession.

For more information visit

nuffieldhealth.com

Nuffield Health
FOR THE LOVE OF LIFE®
HRH The Prince of Wales Award for Integrated Approaches to Care

Winner

Teenage Cancer Trust: Bridging the Gap in Cancer Care for Young People

The Teenage Cancer Trust Nursing and Support Model provides an independent integrated service that extends beyond principal treatment centres to provide a range of specialist nursing and allied health professionals to support young people wherever they were treated, both at hospital and at home. For the first time, this involved seamless integrated working and coordination of care between the teenagers and young adults’ principal treatment centre, 18 designated hospitals, and primary and social care across a wide geographical region, including both urban and rural areas. The pilot showed significant practice changes, both quantitative and qualitative, resulting in improved quality of care.

Finalists

Birmingham and Solihull Mental Health FT: Youthspace – A Birmingham Approach
A collaboration between service users, mental health clinicians and community partners to develop approaches that raise mental health awareness, improve access to services and support a workforce in becoming more informed and equipped to meet the needs of young people.

Bradford on Avon and Melksham Health Partnership and The Lindsay Leg Club Foundation: Bradford on Avon Leg Club
The Club’s collaborative working, knowledge sharing and integration with the community provides leg ulcer treatment, and helps reduce social isolation. It encourages and enables self-management.

Croydon Healthcare Trust: Working Together to Stop the Pressure – Developing a Croydon Multi-agency Approach to the Prevention of Pressure Ulcers
By bringing together a network of organisations, the trust has sustained a 55% reduction in pressure ulcer incidence over 12 months by reducing the complexity of organisational boundaries.

Greater Manchester West Mental Health FT: RADAR (Rapid Alcohol Detox Acute Hospital Referral)
RADAR is a UK-first service that tackles head on the issue of repeat stays in A&E wards of people living with alcohol dependency. It offers a full detoxification, psychosocial interventions and gives people the skills to live a life free from addiction.

Home Instead Senior Care, University of Chester and Wirral University Teaching Hospital Trust: Student Nurses in Domiciliary Care
This has been a collaborative innovation across health and social care, highlighting the benefits of hosting nursing students in domiciliary care. This has influenced an integrated approach of the future workforce.

Lancashire Teaching Hospitals FT: Nutrition Nursing Team – A Seven-day Integrated Service
This service was implemented so patients have access to nutrition services and can be treated seven days a week, as well as accessing one-stop clinics for support and trouble shooting. Length of stay has been reduced and admissions avoided for 99% of patients seen.

Safer Places in partnership with Princess Alexandra Hospital: The Daisy Project
The project has supported 485 victims of domestic abuse in just over 22 months. It provides mandatory comprehensive training for all health professionals and on-site specialist domestic abuse practitioners to provide support, risk assessment and safety planning.

The Christie FT: The Complementary Health & Wellbeing Services
The trust brings together the best of complementary therapies, combined with health and wellbeing support. The team has a toolkit approach, which includes providing interventions for breathlessness, or managing distressing procedures. It has a portfolio of research work in these areas and provides a range of training courses.

Sponsored by

www.nursingtimes.net
At the University of Greenwich we provide a wide range of programmes, courses and study days to inspire health and social care professionals.

Programmes leading to professional registration include:

- **Midwifery**
- **Nursing** (adult, child, learning disability, mental health)
- **Paramedic science**
- **Social work**
- **Speech and language therapy**.

We also offer continuing professional development programmes which lead to PhD, Master’s and degree level qualification. Courses range from sexual health, acute and critical care, safeguarding children, mental health, leadership and mentor preparation.

The CPD portfolio is also supported by an extensive range of study day activities including clinical supervision, ear irrigation, intravenous cannulation and record keeping.

[gre.ac.uk/health](http://gre.ac.uk/health)
Karen Alligan, Royal National Orthopaedic Hospital Trust

Karen is passionate about the continued development of the foot and ankle service and that, with knowledge and support, patients can look after their own wellbeing. She sees patients independently in nurse-led clinics in outpatients, and through telephone clinics. She educates about future care, leading a multidisciplinary fusion forum.

Claire Campbell, Royal Victoria Infirmary Newcastle upon Tyne Hospitals FT

Claire embodies the best in nursing, having dedicated more than 23 years to her field of neonatal care and achieving national recognition for her work. She has supported countless parents, putting family-centred care at the heart of all she does, has established a Buddy Group for parents and is a trustee for Tiny Lives.

Vanessa Crossey, Northern, Eastern and Western Devon Clinical Commissioning Group

Vanessa Crossey works with GP practice nurses across Devon to support them in delivering high-quality and equitable practice nurse services. She helped set up primary care in Camp Bastion in Afghanistan through her former career in the armed forces and brought many of those experiences to her new role.

Sarah Emsden, Virgin Care

Sarah co-ordinates healthcare for patients who are aged 16+ and who are homeless or vulnerable, and adapts it to suit their needs. She is an ambassador for promoting patient dignity, ensuring an ethos of empathy throughout the Anchor Homeless Centre. Her non-judgemental approach is an inspiration as she cares for patients presenting under the influence of drugs and alcohol.

Richard Jones, St John Ambulance – London Region

Richard is a dedicated volunteer who, since joining St John Ambulance in 1996, has given 1,000 hours yearly. This is all the more impressive because he manages this while still working full time for the NHS. Through his hard work championing the infection control agenda, London now has an infection control team in place, as he models and teaches on the shop floor.

Karen Lewis, The Dudley Group

Karen’s inspirational work has helped improve the experiences and outcomes of people affected by life-limiting conditions in Dudley. Karen designed the end-of-life programme, trained 70 palliative care champions to share their skills, and trained colleagues and generalist nurses in how to have difficult conversations. She is a Macmillan Palliative Care Educator and created a Palliative Care Champions role.

Charmaine Newman, Hertfordshire Partnership University FT

As a modern matron and the trust’s dementia medication champion, Charmaine embodies what it means to be a nurse and an inspiring leader. She manages to support colleagues and ensure that her patients always come first while developing new trust initiatives, such as the dementia champion formulary and BMJ recovery research project.

Edward Vandi, West London Mental Health Trust

Edward is a team leader on a rehabilitation ward within Broadmoor Hospital. When the crisis of Ebola struck in his home country of Sierra Leone, he recognised that his skills could be useful to provide care and support to others. On his own initiative, and despite the personal sacrifices he would have to make, he went to Sierra Leone as a frontline nurse in the most affected areas to provide care and treatment. He led teaching programmes for the local community and healthcare workers. He was instrumental in developing and supporting social care initiatives for the local community including work with orphans and bereaved families, and those with other social issues.
Worried about your job? In these uncertain times there’s never been a better time to join UNISON.

For as little as £1.30 a month our members get:

- advice, support and help at work
- a helpline that is open until midnight
- legal help for you at work and your family at home
- plus a wide range of exclusive member discounts.

<table>
<thead>
<tr>
<th>Annual salary</th>
<th>Monthly cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up to £2,000</td>
<td>£1.30</td>
</tr>
<tr>
<td>£2,001 - £5,000</td>
<td>£3.50</td>
</tr>
<tr>
<td>£5,001 - £8,000</td>
<td>£5.30</td>
</tr>
<tr>
<td>£8,001 - £11,000</td>
<td>£6.60</td>
</tr>
<tr>
<td>£11,001 - £14,000</td>
<td>£7.85</td>
</tr>
<tr>
<td>£14,001 - £17,000</td>
<td>£9.70</td>
</tr>
<tr>
<td>£17,001 - £20,000</td>
<td>£11.50</td>
</tr>
<tr>
<td>£20,001 - £25,000</td>
<td>£14.00</td>
</tr>
<tr>
<td>£25,001 - £30,000</td>
<td>£17.25</td>
</tr>
<tr>
<td>£30,001 - £35,000</td>
<td>£20.30</td>
</tr>
<tr>
<td>over £35,000</td>
<td>£22.50</td>
</tr>
</tbody>
</table>

Join online at joinunison.org or call free on 0800 171 2193
Sandwell School Nurse Ambassador Programme has allowed children and young people to become leaders in public health, providing links between the school nurse and their peers within their school communities. It has allowed for a multidisciplinary team approach to delivering and supporting the innovation locally and regionally. The team has piloted in high schools and pupil referral units and is in the process of offering SNAP into all of the high, primary and pupil referral units within the borough. An identified member of the school health nurse team meets with the schools over the academic year and acts as a voice and link. The programme has been recognised as good practice by the CQC.

Central Manchester University Hospitals FT (CMFT): CMFT FGM Response Team
Women and girls disclosing FGM have timely access to physical, psychological and safeguarding support. There have been 275 disclosures (2014 to 2015), a trans-cultural counselling clinic developed, and three prevention orders issued.

Cumbria Partnership FT: #seethePERSON – Cumbria
#seethePERSON has inspired staff across Memory & Later Life Services. Person-centred teamwork has motivated change, the project has improved quality. Results have included reduction in admissions from care homes from 52% to 4%, and improved diagnostic rates by 30%+. 

Royal Free London FT: High Level Isolation Unit Nursing Team
The nurses from the infectious diseases ward at the Royal Free also staff the High Level Isolation Unit and have had to open the unit four times in the past year. Each of these times, they have delivered world-class, compassionate care to the patients and their families.

Salford Royal FT: Haemodialysis Staff Culture Team
The team at Salford have worked collaboratively to eradicate a negative culture where staff and patient experiences were poor. Their journey so far has seen huge improvements in staff morale, resulting in a positive impact on patients’ experience.

South Tees FT: Therapeutic Care Programme
The programme set up a team of 22 therapeutic care support workers and 400 therapeutic care volunteers. This team provides a full range of therapeutic interaction to patients, while maintaining respect for the individuality, confidentiality and dignity of all patients.

Tees, Esk and Wear Valleys FT: Child Adolescence Mental Health (CAMHS) Scarborough Ryedale and Whitby
The CAMHS team brought together a therapeutic art project with, and for, the benefit of young people, service users and families. This resource has been used locally and is available internationally.

Wrightington, Wigan and Leigh FT: Orrell Ward
The team puts patients first in all plans and activities; no decision is taken about care without patient involvement. The team believes its success is leadership, but tries to understand each team member as an individual. Their motto to achieve this is: “What can we do differently today?”

Sandwell School Nurse Ambassador Programme has allowed children and young people to become leaders in public health, providing links between the school nurse and their peers within their school communities. It has allowed for a multidisciplinary team approach to delivering and supporting the innovation locally and regionally. The team has piloted in high schools and pupil referral units and is in the process of offering SNAP into all of the high, primary and pupil referral units within the borough. An identified member of the school health nurse team meets with the schools over the academic year and acts as a voice and link. The programme has been recognised as good practice by the CQC.

Central Manchester University Hospitals FT (CMFT): CMFT FGM Response Team
Women and girls disclosing FGM have timely access to physical, psychological and safeguarding support. There have been 275 disclosures (2014 to 2015), a trans-cultural counselling clinic developed, and three prevention orders issued.

Cumbria Partnership FT: #seethePERSON – Cumbria
#seethePERSON has inspired staff across Memory & Later Life Services. Person-centred teamwork has motivated change, the project has improved quality. Results have included reduction in admissions from care homes from 52% to 4%, and improved diagnostic rates by 30%+. 

Royal Free London FT: High Level Isolation Unit Nursing Team
The nurses from the infectious diseases ward at the Royal Free also staff the High Level Isolation Unit and have had to open the unit four times in the past year. Each of these times, they have delivered world-class, compassionate care to the patients and their families.

Salford Royal FT: Haemodialysis Staff Culture Team
The team at Salford have worked collaboratively to eradicate a negative culture where staff and patient experiences were poor. Their journey so far has seen huge improvements in staff morale, resulting in a positive impact on patients’ experience.

South Tees FT: Therapeutic Care Programme
The programme set up a team of 22 therapeutic care support workers and 400 therapeutic care volunteers. This team provides a full range of therapeutic interaction to patients, while maintaining respect for the individuality, confidentiality and dignity of all patients.

Tees, Esk and Wear Valleys FT: Child Adolescence Mental Health (CAMHS) Scarborough Ryedale and Whitby
The CAMHS team brought together a therapeutic art project with, and for, the benefit of young people, service users and families. This resource has been used locally and is available internationally.

Wrightington, Wigan and Leigh FT: Orrell Ward
The team puts patients first in all plans and activities; no decision is taken about care without patient involvement. The team believes its success is leadership, but tries to understand each team member as an individual. Their motto to achieve this is: “What can we do differently today?”. 

Sandwell School Nurse Ambassador Programme has allowed children and young people to become leaders in public health, providing links between the school nurse and their peers within their school communities. It has allowed for a multidisciplinary team approach to delivering and supporting the innovation locally and regionally. The team has piloted in high schools and pupil referral units and is in the process of offering SNAP into all of the high, primary and pupil referral units within the borough. An identified member of the school health nurse team meets with the schools over the academic year and acts as a voice and link. The programme has been recognised as good practice by the CQC.

Central Manchester University Hospitals FT (CMFT): CMFT FGM Response Team
Women and girls disclosing FGM have timely access to physical, psychological and safeguarding support. There have been 275 disclosures (2014 to 2015), a trans-cultural counselling clinic developed, and three prevention orders issued.

Cumbria Partnership FT: #seethePERSON – Cumbria
#seethePERSON has inspired staff across Memory & Later Life Services. Person-centred teamwork has motivated change, the project has improved quality. Results have included reduction in admissions from care homes from 52% to 4%, and improved diagnostic rates by 30%+. 

Royal Free London FT: High Level Isolation Unit Nursing Team
The nurses from the infectious diseases ward at the Royal Free also staff the High Level Isolation Unit and have had to open the unit four times in the past year. Each of these times, they have delivered world-class, compassionate care to the patients and their families.

Salford Royal FT: Haemodialysis Staff Culture Team
The team at Salford have worked collaboratively to eradicate a negative culture where staff and patient experiences were poor. Their journey so far has seen huge improvements in staff morale, resulting in a positive impact on patients’ experience.

South Tees FT: Therapeutic Care Programme
The programme set up a team of 22 therapeutic care support workers and 400 therapeutic care volunteers. This team provides a full range of therapeutic interaction to patients, while maintaining respect for the individuality, confidentiality and dignity of all patients.
Top Nursing Awards Wins CCG Sponsors

NHS Southern Derbyshire and NHS Erewash Clinical Commissioning Groups (CCGs) are proud to jointly sponsor this award, which this year goes to Jenny Leggott (see opposite). The CCGs pay tribute to an inspirational nurse each year through this Chief Nursing Officers’ Award for Lifetime Achievement Award for those who have made a significant impact on the profession. This award is judged by the CCGs’ nurses, and the chief nursing officers for England, Scotland, Wales and Northern Ireland, and this year Ms Leggott is being honoured for her professional contribution.

Both CCGs recognise the value of having an experienced nurse at a senior level, with the nursing leaders of both organisations having over 60 years’ combined experience in their chosen career.

Lynn Woods, chief nurse and director of quality for NHS Southern Derbyshire Clinical Commissioning Group has built her expertise over 37 years and began her vocation as a trainee nurse at the Nottingham School of Nursing, before working as a registered nurse, staff midwife, midwifery sister and health visitor.

She said: “The best thing about working for the CCG now is that we can really respond to patients’ experiences to improve care.

“Even if it is an experience of just one person, we can feed it into the way we work to make sure we are delivering the right care, at the right time, in the right way.”

Lynn works with two dedicated nurses at NHS Southern Derbyshire Clinical Commissioning Group, who have recently been honoured for long service. Karen McGowan, deputy chief Nurse and deputy director of quality has achieved 32 years’ service, having joined the CCG in January 2015 after holding a number of positions including night sister and emergency nurse practitioner. Janet Winter, head of clinical quality (acute contracts) has achieved a fantastic 41 years in healthcare.

Janet said: “When I first started as an 18-year-old student nurse it was very different and I spent many hours in a back room sterilising equipment and polishing bedpans but that would never happen now! “There’s a lot more individual accountability and decision-making involved now, which is a good thing for the nurses and the patients.”

Anne-Maria Olphert, chief nurse quality officer and director of nursing for NHS Erewash Clinical Commissioning Group has worked within the NHS for 33 years. Her roles have included ward manager, neonatal sister, children’s intensive care manager and director of children’s community health services. She is supported by deputy chief nurse Heidi Scott-Smith who has nearly two decades of experience.
Jenny Leggott is an inspirational nurse leader and has recently retired from her role as director of nursing at Nottingham University Hospitals (NUH) in October 2014, but is still an active Royal College of Nursing fellow, where she is working to improve care of older people, and a CQC specialist adviser.

With nearly 20 years’ experience as an executive director of nursing, she is valued as a leader who has improved the lives of thousands of patients, families and staff. She has substantially improved standards of nursing, midwifery and patient care locally and influenced nationally and internationally. She is visionary and has a unique track record of large-scale, leading-edge improvements in patient experience, clinical outcomes, staff engagement and efficiency.

She has always been a visionary. When she was director of nursing at Leicester in the 1990s, she introduced shared governance, and this reflected her passion for involvement of frontline staff and led to her particular ongoing interest and support for shared governance, which she later introduced at NUH.

Throughout her career, Ms Leggott has taken a personal interest in coaching and supporting staff at all levels, helping them to fulfill their unique potential, and she continues to do this. She has been appointed president of the Nottingham Nurses’ League and has led the development and launch of a new annual bursary award worth £1,000 for clinically based nurses. Her passion is to ensure frontline staff are supported and engaged to improve patient care.

She has earned the respect of professionals and patient groups at local and national levels. She inspires others to achieve more from ward to board, always keeping the patient at the heart.

Through her leadership, in 2008, NUH was a pilot trust in implementing the “Productive Ward”, using a whole-hospital approach with truly exceptional staff engagement. All modules were completed across 90 wards within two years. Her achievements are also exemplified by her leadership of NUHs Whole Hospital Transformation Programme. Since starting in 2009, more than 250 projects have been completed by thousands of frontline staff. Significant quality improvements have been achieved at the same time as over £40 million of cost improvement.

Staff satisfaction has improved from NUH being in the bottom quartile in 2006, to the top quartile by 2013. Continuous improvements have been achieved in patient safety with year-on-year reductions in MRSA, C difficile, falls and pressure ulcers as examples, all inspired by the former director of nursing.

More than 6,000 staff report feeling involved in projects, with over 5,000 “Just Do Its”, where staff are empowered to make rapid improvements for patients. The Trust has an international reputation for improvement with NUH frequently hosting visits from overseas.

Ms Leggott established the trust’s first head of nursing and midwifery research, and supported staff through an exceptional range of scholarships and internships. These have enabled nurses to learn from best practice around the world and bring it back to NUH.

She is highly regarded by her peers and was elected by them to chair the director of Nurses’ Forum for the Association of UK University Hospitals. She was a member of Professor Don Berwick’s Advisory Group (2013), something which played a part in the chief nursing officers’ decision to give her this award.

Until retirement, she chaired the East Midlands Major Trauma Network, the Mid Trent Critical Care Network and was a member of the East Midlands Clinical Senate Council and Nottinghamshire’s Urgent Care Board.

Her role as president of the Nottingham Nurses’ League also enables this wider community engagement and positive profile of nursing.

She is a modest, self-effacing nurse whose leadership has inspired staff and improved the lives of so many in countless ways. “She doesn’t make a fuss, but gets on and gets things done,” said one chief nursing officer.

The other chief nursing officers said: “Her impact on the broader workforce is enormous. And she has really brought on others. She is incredibly well rated by her manager and her teams alike.”

Another who knew her work well said: “I feel she is a nursing role model and her national profile is often underplayed. I thoroughly support her getting this award.”

Sponsored by
Keep all your revalidation records in one place

Record all your CPD and revalidation activities, including your Nursing Times Learning Units and store them in a single place with the new Learning Passport.

Subscribe to Nursing Times today
nursingtimes.net/subscribe
nursingtimes.net/learning