

Clinical Practice Review Pressure ulcers

This table accompanies the article Fletcher J, Hall J (2018) New guidance on how to define and measure pressure ulcers. *Nursing Times*; 114: 10, 41-44.

Table 1. The final recommendations with rationales, impacts and actions

| Recommendations relating to definition of pressure ulcers | |
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| Recommendation | Rationale/likely impact/action leads |
| <p>1 We should use the term 'pressure ulcer'</p> | <p>Rationale This position will be different from some other countries, but it is a term widely used already in the UK and is consistent with the EPUAP definitions</p> <p>Impact We do not anticipate it will affect reported numbers</p> |
| | <p>Action leads by December 2018</p> <p>NHS Improvement: to amend relevant national documents with NHS England colleagues</p> <p>Trust boards to amend relevant policy documents</p> |
| <p>2 A pressure ulcer should be defined as: "Localised damage to the skin and/or underlying tissue, usually over a bony prominence (or related to a device), resulting from sustained pressure (including pressure associated with shear). The damage can be present as intact skin or an open ulcer and may be painful"</p> | <p>Rationale There has been no agreed definition previously. This is a new definition in practice, which will be used in educating staff</p> <p>Impact No impact on reported numbers</p> |
| | <p>Action lead</p> <p>NHS Improvement has incorporated this definition in the new pressure ulcer education curriculum. This will be rolled out during 2018/19 in all providers and – we anticipate – relevant academic institutions, to support a consistent approach in education</p> |
| <p>3 A pressure ulcer that has developed due to the presence of a device should be referred to as a 'device-related pressure ulcer'</p> | <p>Rationale New definition to be used in practice, which will reflect the level of pressure ulcers caused by devices as these are currently under-reported</p> <p>Impact This new definition will need to be incorporated into national and local incident reporting systems</p> |
| | <p>Action leads by December 2018</p> <p>NHS Improvement working with NHS England colleagues to amend relevant national documents, and work with NHS Digital to incorporate this category in national reporting systems, for example the National Reporting and Learning System</p> <p>Trust boards to review their local policies and reporting approaches, and implement the new definition in practice</p> |
| <p>4 The 2015 NPUAP definition of device-related pressure ulcers should be used: "Pressure ulcers that result from the use of devices designed and applied for diagnostic or therapeutic purposes"</p> | <p>Rationale No change to current practice; the NPUAP definition is widely used in clinical practice</p> <p>Impact As recommendation 3</p> |
| | <p>Action leads As recommendation 3</p> |
| <p>5 A pressure ulcer that has developed at end of life due to 'skin failure' should not be referred to as a 'Kennedy ulcer'</p> | <p>Rationale Pressure ulcers at the end of life should be classified in the same way as all pressure ulcers, and not be given a separate category</p> <p>Impact This term will cease to be used in reporting and clinical practice across all trusts</p> |
| | <p>Action leads by December 2018</p> <p>NHS Improvement Working with NHS England colleagues to amend relevant national documents</p> <p>Trust boards Review local policies and reporting approaches, and implement the new approach in practice</p> |
| <p>6 Organisations should follow the current classification system recommended in international guidelines*, incorporating categories I, II, III and IV</p> | <p>Rationale Minimal change to current practice; current system is well-understood in clinical practice. Aim to standardise across all trusts</p> <p>Impact No anticipated impact</p> |
| | <p>Action lead by December 2018</p> <p>Trust boards to amend their local policies where relevant</p> |

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| <p>7 Organisations should follow the current classification system recommended in the international guidelines*, incorporating DTI</p> | <p>Rationale Will lead to the recording of DTI, which is currently not recorded in some trusts, and support early clinical intervention where required Impact Will lead to a different reporting profile in local and national measurement systems</p> <p>Action leads by December 2018 NHS Improvement working with NHS England colleagues to amend relevant national documents Trust boards to review their local policies and reporting approaches and implement the new definition in practice</p> |
| <p>8 Organisations should follow the current classification system recommended in international guidelines*, incorporating unstageable ulcers</p> | <p>Rationale Will lead to the recording of unstageable ulcers Impact Will lead to a different reporting profile in local and national measurement systems for most trusts. No impact on clinical practice</p> <p>Action leads by December 2018 NHS Improvement working with NHS England colleagues to amend relevant national documents Trust boards to review their local policies and reporting approaches and implement the new definition in practice</p> |
| <p>9 The definition of a POA should be that it is observed during the skin assessment undertaken on admission to a service</p> | <p>Rationale A new definition in practice to provide a consistent approach to attributing ulcers, and to support quality improvement activity in appropriate clinical areas Impact Impact on reporting practice in terms of attribution will focus organisations on identifying damage early</p> <p>Action leads by December 2018 NHS Improvement/NHS England amend relevant national documents. NHS Digital to consider inclusion in Hospital Episode Statistics Trust boards to amend local policies and implement the revised approach</p> |
| <p>10 The Department of Health and Social Care's definition of avoidable/unavoidable should not be used</p> | <p>Rationale Ceasing use of these terms will lead to all incidents being investigated to support organisational/system learning and appropriate actions; to move from focusing on 'proving' if an incident was unavoidable to using a range of definitions in practice. This is consistent with other categories of patient safety incidents Impact All incidents will need to be investigated, resulting in more pressure ulcers being recorded/reported by individual providers. There is likely to be an impact on local NHS contracts and safeguarding referrals as the existing approach is embedded in practice</p> <p>Action leads by December 2018 NHS Improvement/NHS England to review all relevant documents, including commissioning approaches, to help implement this recommendation Trust boards to review local documentation and implement the change in practice, to educate all staff about the changes in practice NHS Improvement to work with the chief social worker to review the safeguarding adults protocol Commissioners to support implementation of this recommendation, including in their oversight of investigation</p> |
| <p>11 The definition of a new pressure ulcer within a setting is that it is first observed within the current episode of care</p> | <p>Rationale/impact New definition for use in practice. Rationale and impact as recommendation 9</p> <p>Action leads by December 2018 NHS Improvement/NHS England to amend relevant national documents Trust boards to amend local policies and implement the revised approach</p> |
| <p>12 The term 'category' should be used from October 2018 at a national level (in national reporting/policy documents)</p> | <p>Rationale To consistently apply terminology in national reporting Impact No reporting of clinical practice impact; impact on policy documents</p> <p>Action lead by October 2018 NHS Improvement to amend relevant national documents</p> |
| <p>13 Local organisations should, from October 2018, work towards using the term 'category' in clinical practice and local reporting/policy documents, with full implementation by end October 2018</p> | <p>Rationale To support the consistent use of terminology within policy documents Impact Updating where relevant local policy documents</p> <p>Action lead by October 2018 Trust boards to review local policy documents</p> |

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| Recommendations on local and national measurement of pressure ulcers | |
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| Recommendation | Rationale/likely impact/action leads |
| 14 The '72-hour rule' should be abandoned | <p>Rationale This is an artificial split irrelevant in clinical practice due to the complexity of patient pathways. This will be consistent with the definition of a POA. Recording all pressure damage will ensure a review of incidents and support organisational learning and taking appropriate action for all incidents</p> <p>Impact Moderate impact on the NHS Safety Thermometer model; the rule would need to be changed to include all pressure ulcers, and so affect the NHS Safety Thermometer data</p> <p>Action leads by December 2018 NHS Improvement to work with the National Patient Safety Team to amend the NHS Safety Thermometer's reporting approach for pressure ulcers and other harms Trusts boards to review their local reporting policies and implement the revised approach</p> |
| 15 Reporting of all pressure ulcers grade 2 and above on admission (POA) (observed in the skin assessment on admission to that service) should be incorporated into local monitoring systems. | <p>Rationale To ensure that all pressure damage, regardless of attribution, will be captured in local monitoring systems, supporting a more accurate profile and appropriate actions</p> <p>Impact Likely impact of higher reported numbers and changing profile across individual providers</p> <p>Action lead by December 2018 Trust boards to review local practice to ensure this is implemented consistently, to prevent double-counting or false reassurance when POA to a unit, ward or team does not mean POA to the trust as a whole</p> |
| 16 Device-related pressure ulcers should be reported and identified by the notation of (d) after the report – for example, 'category II pressure ulcer (d)' – to allow their accurate measurement | <p>Rationale/impact The rationale/impact for the reporting of device pressure ulcers outlined in recommendation 3</p> <p>Action leads by December 2018 As recommendation 3</p> |
| 17 Kennedy ulcers should not be measured separately | <p>Rationale As recommendation 5, that Kennedy ulcers will no longer be measured as a distinct category. Pressure damage at the end of life will be recorded as pressure ulcers</p> <p>Impact This category will cease to be reported nationally. There may be a small increase in pressure ulcer numbers as traditionally Kennedy ulcers were not reported in pressure ulcer datasets</p> <p>Action lead by December 2018 Trust boards to review their local policies and reporting approaches and implement the new approach in practice</p> |
| 18 All reports should identify patients using the NHS number, not the hospital number, to help reduce duplication of reporting | <p>Rationale New approach to reduce double-reporting of pressure ulcers due to the inconsistent use of patient identification numbers</p> <p>Impact Unknown, but the use of a single-patient identification number has been mandatory since the Health and Social Care (Safety and Quality) Act 2015, while use of the NHS number has been recommended since 2016, and many organisations have begun work on this</p> <p>Action lead by December 2018 NHS Improvement to assess the likely benefits of this approach in practice, in terms of reducing double-reporting</p> |
| 19 Reporting pressure ulcers of category II and above should be incorporated in local monitoring systems | <p>Rationale No change to current practice recommendations but to ensure all trusts are consistently following this reporting approach. To identify/report pressure damage at an earlier stage, to support earlier clinical intervention and prevent deterioration.</p> <p>Impact Focus on consistent implementation may affect overall reported numbers</p> <p>Action lead by December 2018 Trust boards to review their current practice and implement changes as required to local reporting</p> |

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| <p>20 Reporting unstageable pressure ulcers should be incorporated into local monitoring systems</p> | <p>Rationale To reduce variation in reporting across trusts. To support timely identification of pressure damage and local quality improvement action Impact New approach for some trusts; likely impact is higher reported numbers</p> |
| | <p>Action lead by December 2018 Trust boards to review their current practice and implement changes as required to local reporting</p> |
| <p>21 Reporting DTIs should be incorporated into local monitoring systems</p> | <p>Rationale To reduce variation in reporting across trusts. To support timely identification of pressure damage and local quality improvement action Impact New approach for some trusts; likely impact is higher reported numbers</p> |
| | <p>Action lead by December 2018 Trust boards to review their current practice and implement changes as required to local reporting</p> |
| <p>22 Reporting of new pressure ulcers observed during the skin assessment undertaken on admission to a service (POAs) should be incorporated into local monitoring systems</p> | <p>Rationale New approach to ensure capture of all pressure damage (category II and above), regardless of attribution Impact Likely impact is higher reported numbers</p> |
| | <p>Action lead by December 2018 Trust boards to review their current practice and implement changes as required to local reporting</p> |
| <p>23 The number of patients with a pressure ulcer should be incorporated into local monitoring systems</p> | <p>Rationale Will include reporting a greater range of pressure damage categories as previously outlined, to reduce variation of reporting in practice Impact Likely rise in reported numbers, as previously outlined</p> |
| | <p>Action lead by December 2018 Trust boards Review local practice as previously outlined</p> |
| <p>24 All pressure ulcers, including those that are considered avoidable or unavoidable, should be incorporated in local monitoring</p> | <p>Rationale Consistent with recommendation 10; avoidable and unavoidable harm will no longer be considered in practice, to help focus on learning and any lapses in care Impact This will have moderate impact on local reporting and national reporting as numbers reported will increase</p> |
| | <p>Action leads by December 2018 NHS Improvement/NHS England to review all relevant documents, including commissioning approaches, to support implementation of this recommendation Trust boards to review their local documentation and implement the change in practice, to educate all staff about the changes in practice</p> |
| <p>25 MASD should be counted and reported in addition to pressure ulcers</p> | <p>Rationale To capture skin damage that is currently reported inconsistently. To help identify the clinical problem with individual trusts and quality improvement action that needs to be taken Impact Likely impact is higher reported numbers of incidents; new category needed for local monitoring systems</p> |
| | <p>Action leads by December 2018 NHS Improvement to review impact on national data systems with NHS Digital. Trust boards to review their local policies and practice.</p> |
| <p>26 Where skin damage is caused by a combination of MASD and pressure, it will be reported based on the category of pressure damage</p> | <p>Rationale will clarify the requirement to report pressure ulcers where MASD is also present Impact Low impact on reported numbers</p> |
| | <p>Action lead by December 2018 Trust boards to review their local policies and practice</p> |
| <p>27 Unstageable and DTI ulcers should be reviewed by a clinician with appropriate skills on a weekly basis to help identify a definitive PU category and change the category as required</p> | <p>Rationale A practice recommendation that should improve the accurate reporting of pressure damage in a more timely way Impact May affect specialist teams' clinical workload</p> |
| | <p>Action lead by December 2018 Specialist tissue viability nurse teams to review current service approach, to support education of more generalist staff in practice</p> |

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| 28 Only pressure ulcers that meet the criteria for a serious incident should be reported to commissioners | Rationale To reduce variation in current local reporting approaches and the development of a consistent database at national level. To support organisation learning with each serious incident reported Impact Likely impact on local reporting agreements |
| | Action lead by December 2018 NHS Improvement/NHS England to promote a consistent approach across providers and commissioners |
| Recommendations from Stop the Pressure | |
| 29 We recommend no change to the definition of an incident and no amendment to the <i>Serious Incident Framework: Supporting Learning to Prevent Reoccurrence</i> (NHS England, 2015), which remains the overarching policy | |
| Recommendation relating to the NHS Safety Thermometer | |
| 30 <ul style="list-style-type: none"> ● NHS Safety Thermometer data collection should continue as a monthly point prevalence tool in all trusts to aid understanding of pressure ulcer and other harms in a local clinical setting ● All trusts should undertake the NHS Safety Thermometer measurement each month to support quality improvement at individual department level ● Data generated should be cross-referenced with other local data sources (for example, National Reporting and Learning System) to understand the harm profile in any clinical area | |

* The international guidance is: National Pressure Ulcer Advisory Panel et al (2014) *Prevention and Treatment of Pressure Ulcers: Clinical Practice Guidelines* (2nd edn). [Bit.ly/PressureUlcers2014Guidance](https://bit.ly/PressureUlcers2014Guidance)

DTI = deep tissue injury; EPUAP = European Pressure Ulcer Advisory Panel; MASD = moisture-associated skin damage; NPUAP = National Pressure Ulcer Advisory Panel; POA = pressure ulcer on admission